TRANSFER SOME INCOME TAX CREDITS TO YOUR SPOUSE OR COMMON-LAW PARTNER.

If you are able to reduce your taxes payable to zero without using all of your available credits, you might consider transferring some of these unused credits to your spouse's return. Don't let your credits go to waste.

For more information, or to see more useful tax tips, please visit: **cpaalberta.ca/taxtips**

CPA CHARTERED PROFESSIONAL ACCOUNTANTS ALBERTA

Information for RRSP and tax tips is provided as a public service by CPA Alberta in collaboration with CPA British Columbia. The tips are intended to be used as general guidance. For specific advice about filing a 2015 tax return, please consult with Canada Revenue Agency or a Chartered Professional Accountant (CPA).

Calgary metro

Your essential daily news | WEDNESDAY, MARCH 9, 2016

Easter recipes: Including a controversial one

metroLIFE

High 9°C/Low -1°C Sunny

PROTESTS NOTLEY'S PLAN 'MISGUIDED': OPPOSITION Detractors grit their teeth and furrow their brows as the NDP government delivers its first throne speech outside the Alberta Legislature on Tuesday. For more coverage, see page 10.

KEVIN TUONG/FOR METRO

Alberta throne speech zeroes in on economy

SPRING LEGISLATURE

NDP's 'ambitious agenda' also sets sights on carbon tax, payday loans

Alberta's spring legislature session will focus on diversifying the province's battered oil-based economy, laying the groundwork for a carbon tax and cracking down on payday loan operators.

Premier Rachel Notley said Tuesday there will also be $340 million in tax benefits for needy families and legislation to streamline and reduce a sprawling network of 301 boards, agencies and commissions.

The tax benefits are expected to help 380,000 children. A low-income single parent with two children would receive just over $3,000 a year.

"Today's speech from the throne outlines an ambitious agenda of support for families, our economy, our energy and our environmental future," Notley told reporters before the throne speech.

The speech, which highlights government goals and priorities, was read in the legislature chamber by Lt.-Gov. Lois Mitchell to officially open a new session of the legislature.

The sitting is expected to run until early June and will include the 2016-17 budget, which Finance Minister Joe Ceci announced will be delivered on April 14.

Ceci has already said the projected deficit could be $10 billion — double the amount of earlier forecasts.

Notley's NDP government has resisted calls to cut public sector jobs and services to reduce the red ink in lean times.

Instead, it has increased spending for health, education and social services and ramped up capital spending to boost the economy and build schools, roads and hospitals.

THE CANADIAN PRESS

NOW YOU CAN EARN AEROPLAN® MILES WITH TOYOTA AND SCION

VISIT YOUR LOCAL DEALERSHIP FOR DETAILS*

TOYOTA aeroplan SCION

*Some conditions apply. See your local dealership for full details. ®Aeroplan and the Aeroplan logo are registered trademarks of Aimia Canada Inc.

PICK YOUR VEHICLE, PICK YOUR PAYMENT GET APPROVED ON-SITE AND THEN...

DO NOT PAY FOR 6 MONTHS! (oac)

2014 LINCOLN NAVIGATOR

Z1699 • 49,094 KM • 20" ALLOYS • FULLY LOADED!!!

NOW ONLY $184 PER WEEK • $0 DOWN OR PAY ONLY $53,950 + GST

2016 FORD EXPLORER LIMITED

16081 • 24,012 KM • MASSAGING SEATS • FULLY LOADED!!!

NOW ONLY $167 PER WEEK • $0 DOWN OR PAY ONLY $48,990 + GST

2014 F150 PLATINUM CREW 4X4

27256 • 50,500 KM • ECOBOOST • FULLY LOADED!

REDUCED!

$39,950 $137/WK

2013 JEEP COMPASS 4WD

27675A • 69,319 KM • BRAND NEW TIRES

REDUCED!

$15,450 $59/WK

2015 LINCOLN MKC AWD

71470 • 18,679 KM • 2.3L ECOBOOST • FULLY LOADED

REDUCED!

$42,950 $147/WK

2013 FORD ESCAPE 4WD

F-2648A • 97,652 KM • 2.0L • LEATHER • REAR SPOILER

REDUCED!

$21,950 $76/WK

2013 F150 LARIAT CREW 4X4

FX-309A • 84,514 KM • ECOBOOST • NAV • BACKUP CAM

REDUCED!

$35,950 $123/WK

2012 HONDA CRV TOURING

16077 • 59,214 KM • AWD • LEATHER • MOONROOF • NAV

$24,990 $112/WK

2014 F150 FX4 CREW 4X4

F-2540A • 26,225 KM • 5.0L V8 • LEATHER • NAV

$40,950 $159/WK

2015 FORD EDGE TITANIUM

16068 • AWD • LEATHER • NAV • MOONROOF

REDUCED!

$40,990 $140/WK

2011 LINCOLN MKX AWD

G-387A • 120,154 KM • NAV • PANORAMIC SUNROOF

REDUCED!

$19,950 $92/WK

2013 FORD EDGE SPORT AWD

27733 • 53,340 KM • LOADED • NEW 22" TIRES

REDUCED!

$30,450 $103/WK

2011 FORD FLEX LIMITED

G-481A • 89,864 KM • AWD • 20" ALLOYS • POWER FOLD SEATS

REDUCED!

$22,950 $105/WK

2015 FORD FUSION TITANIUM

16028 • 26,490 KM • HEATED LEATHER SEATS • NAV • SUNROOF

REDUCED!

$23,950 $83/WK

2014 BMW X3 28I AWD

F-309A • 85,823 KM • PANORAMIC SUNROOF • LEATHER • NAV

$34,950 $119/WK

2011 FORD FOCUS SE

G-622A • 57,077 KM • AUTO • HEATED SEATS • CRUISE

$9,950 $45/WK

2015 FORD FLEX LIMITED AWD

16027 • 13,879 KM • LEATHER • MOONROOF • NAV

REDUCED!

$37,950 $132/WK

Woodridge FORD LINCOLN

DEERFOOT & DOUGLASDALE (403) 451-6182

www.WOODRIDGEFORD.com

*PLEASE READ- ALL OFFERS OAC. PRICES INCLUDE FEES AND TAXES BUT EXCLUDE GST. LIMITED TIME OFFERS. WEEKLY PAYMENTS BASED ON 84 MONTH TERMS (2013-15 MODELS) 72 MONTHS (2011-12 MODELS), 60 MONTHS (2010 AND PRIOR) @ 5.99% AND $0 DOWNPAYMENT. COST OF BORROWING=$1,857 (E-565A). INVENTORY ACCURATE AT TIME OF PUBLICATION. VEHICLES MAY NOT BE EXACTLY AS DEPICTED. CONDITIONS APPLY. CONTACT DEALER FOR FULL DETAILS.

metro NEWS

Your essential daily news

Rise of emojis influencing language, law in a virtual world. **Business**

SISTERS SPEAK UP

IN HONOUR OF INTERNATIONAL WOMEN'S DAY, A DIVERSE SET OF WOMEN SPOKE AT THE GENESIS CENTRE ABOUT THE CHALLENGES THEY FACE, AND THE CHANGE THEY HOPE TO SEE

Aaron Chatha
Metro | Calgary

CHERYLE CHAGNON-GREYEYES

With her group Sisters from Another Mother, Cheryle Chagnon-Greyeyes is active in the march for murdered and missing indigenous women.

"For me it's very personal," she said. "We really want to bring it to the forefront, especially now that we have support from the government."

The government has committed to an inquiry into the deaths and disappearances of nearly 1,200 Indigenous women. She said views on the issue have changed, and this year she is hearing more support for the issue.

SUKHMAN HERAR

Sukhman Herar is a community educator and a student.

Herar spoke about how the turban promotes gender equality among Sikhs, and the need for more females to pursue leadership positions.

"Women aren't pursuing board positions," she said. "Ladies are doing work in the background, but they need to step up, sitting in the chair at the actual meeting."

Herar feels women should tread into traditionally male-dominated territory, noting a need for more women in sports.

"They're missing out on confidence building, social interaction and growing into a more well-balanced person."

SAIMA JAMAL

Saima Jamal is the co-founder of the Syrian Refugee Support Group and has experience in politics, having run for the Liberal Party's Calgary-Greenway nomination.

She said she's had difficulty accessing her own faith community while campaigning.

"Every candidate of every faith, if you're a male, you start by talking at the Friday prayers. Me being a woman, I was denied entry in one of the prayers."

Jamal managed to find a mosque where she was allowed to speak during Friday prayers, but hopes to bring awareness to the fact that women still face barriers in politics and religious institutions.

NIRMALA NAIDOO

Nirmala Naidoo is a former Calgary journalist and political candidate in the 2015 federal election.

She wants more women to take an interest in politics and representation.

"I found it very disturbing while door knocking to encounter many women who said, 'I'll have to talk to my husband' about how to vote or, 'I leave that to my husband,'" she recalled.

"I was shocked that in the grand scheme of modern society, women have barely been given the right to vote, and some have already handed that right over to their husbands."

She said if people want women candidates they need to be supported.

ADORA NWOFOR

Adora Nwofor is a comedian who has been performing for more than six years, and said she's often the only female performing on a given night — a fact which is always called out when she is being introduced.

"I'm called a female comedian, but, I'm a comedian," she said. "A job doesn't have a gender."

She's no stranger to "if I got in her pants"-type banter. In the face of objectification, however, Nwofor said it's important to keep going because she has something to say.

"If I don't say something, no one will know. It's my responsibility to paint myself, or at least try."

EQUALITY

Gender divide in India

Rights and freedoms around the world can vary from country to country — Anjali Deo grew up in India, but moved to Canada with her husband five years ago.

She said in India, she was one of the lucky ones, with parents who weren't as strict, but that's not to say they were lenient either.

Deo grew up in Mumbai, not rural India where 69 per cent of the country's female population is focused, according to a UN report. Those women face dangers such as being forced into prostitution and trafficking, child marriage and fewer opportunities to achieve leadership positions.

But for Deo, who grew up in the progressive part of India, she still saw how men and women around her were treated differently, particularly with whom they could interact with.

"With girls, their parents could be keeping tracking of who they're chatting with," she said. "Is it boys? Is it boys with different classes?"

The class-structure still shapes society in India.

"They tend to be more lenient with boys. They're willing to let the boys stay outside home longer, and the rules and curfews aren't as strict. They can mingle with whoever they want."

Deo said in Canada, women don't face as much sexual harassment in the streets as in India, and speaking generally, have a bit more freedom.

AARON CHATHA/METRO

OFFICE MANAGERS EARN A MEDIAN WAGE OF $24/HR*

Apply to the **Business Administration Management** diploma program today and get hands-on training through practicum placements to become job-ready faster!

CDI COLLEGE ALSO OFFERS PROGRAMS IN:

- Accounting and Payroll Administration
- Dental Assisting
- Legal Assistant
- Medical Office Administration
- And More!

ASK ABOUT OUR EVENING CLASSES!

Financial assistance may be available to qualified applicants.

1.800.360.7186

STUDY.CDICOLLEGE.CA

CDI college

IN BRIEF

Police watchdog seeks Alberta public's help

Alberta's police watchdog, Alberta Serious Incident Response Team (ASIRT), is seeking public assistance in locating witnesses to a February incident in Calgary's northwest.

On Feb. 26, where two CPS officers took a pedestrian into custody on the sidewalk at the corner of 2 Street and 16 Avenue NW, ASIRT was directed by the Director of Law Enforcement to investigate a "sensitive incident," according to a release.

ASIRT said they've learned that two men walked by the incident and one of the pedestrians was videotaping the events on his cellphone.

ASIRT investigators are asking anyone who may have witnessed the incident to call them at 403-592-4306. METRO

$10B deficit budget on way

Finance Minister Joe Ceci says Alberta's budget will come down on April 14.

Ceci made the announcement on the first day of the legislature session.

He has already signalled it will not be a good news day. The deficit for 2016-17 was originally forecast to be about $5.4 billion, but Ceci now says it could be double that, to $10 billion. He says the rebound in oil prices has not happened as forecast, forcing his department to make some difficult decisions.

THE CANADIAN PRESS

Houses destroyed in Kincora Drive blaze

FIRE

Homeowners working with investigators to find cause

Lucie Edwardson
Metro | Calgary

Fire crews and homeowners assess damage at one of four homes destroyed in a fire Tuesday.
LUCIE EDWARDSON / METRO

Owners of four homes that were destroyed in an early morning blaze in the city's northwest looked on Tuesday as fire crews and investigators put out hot spots and sifted through rubble.

Fire crews were called to the 300 block of Kincora Drive NW around 2 a.m. Tuesday after reports of a house on fire. Upon their arrival, the Calgary Fire Department evacuated 10 homes, as the fire tore through four homes side-by-side.

Barb, who asked her last name not be used, lived for 11 years in one of the homes that was annihilated in the blaze.

She said she and her husband woke up to the noise of the fire.

"My husband heard the sounds and just thought at first that it was the dogs," she said. "We got up to check and could see the glow from the backyard."

Barb said the experience has been extremely overwhelming.

"I can't even talk about it right now," she said. "It's too raw."

Ash and scorched debris could be seen up and down both sides of the street Tuesday afternoon, and a steady stream of neighbours stopped by to check out the damage.

Carol Henke, public information officer for the Calgary Fire Department said crews remained on scene all day Tuesday, putting out hot spots and investigating the origin of the fire.

Henke said two of the homes affected have already been reduced to wreckage.

> **"(Houses) are completely demolished — there is nothing left standing."**
> Carol Henke

"They're are completely demolished — there is nothing left standing," she said. "The only thing remaining of the third home is the facade of the house, and the fourth one suffered significant damage as well, but I don't know if it will be demolished or not."

Homeowners of the home with the facade still standing could be seen assessing the damage and waiting for their cars to be pulled from the garage. They declined to comment to reporters.

Anyone with information, including photos or video, are asked to contact the Calgary Fire Department at piofire@calgary.ca.

MANNING CENTRE

Voters shut out: Report

Helen Pike
Metro | Calgary

Be transparent, give voters control, stay accountable.

Those are three things the Manning Centre is recommending as cities meet with the province to form their own bill of rights.

The provincial government is currently working with municipalities on a city charter to create a new set of rules that could give more political powers to Calgary. This includes potential new taxation tools and other governing powers — essentially cutting red tape between province and city.

"Whenever you give politicians extra powers to tax, to spend or to borrow, one should always match that with extra powers on the part of the citizens," said Mark Milke, author of the Taxpayer-Friendly City Charters report.

"Otherwise you get an imbalance where governments can… do all sorts of things without being checked by the very public they're supposed to serve."

According to an agreement singed in 2014, the government is in its final stage of the process. They are creating a fiscal framework of challenges affecting cities and the province. Charter work will be complete by spring 2016.

But so far the talks have been behind closed doors, and even councillors are in the dark about what's coming forward.

Midwives rally for longer-term funding

HEALTH

Provincial deal doesn't go far enough, they say

Jeremy Simes
For Metro | Calgary

It's going to be a midwifery pool party, minus the birthing.

On Wednesday, families and midwives will take to the Alberta legislature building to tell the government there's a growing wait list of women seeking midwifery care.

Alberta Health Services and the Alberta Association of Midwives recently struck a deal that lets midwives care for 2,774 families this fiscal year, according to midwives' association president Nicole Matheson.

Though the midwives accepted the deal, they've been pressing the government to create a long-term funding model for the practice.

Wednesday's rally will echo the need for a long-term funding model, according to Dana Weatherhead, vice-president of the Association for Safe Alternatives in Childbirth (ASAC).

"Women on the wait list for midwives are going to have their babies," she said. "So many are going to have a birth that lacks choice."

Weatherhead said ASAC is currently preparing an analysis for the government. It will outline where cost savings can be made in the health system to find alternative sources of funding for midwives.

She said savings can be found by reducing cesarean rates, showing out-of-hospital births are cheaper, and reducing hospital readmissions for mothers.

Rebecca Boroditsky, dad David in 2006 birth pool. CONTRIBUTED

VIDEO

Snowboarder has boundary issues

Helen Pike
Metro | Calgary

Spring sprang early in Calgary, following a winter filled with more warm stretches than cool downs. So any chance of carving through snow meant a trip to the mountains.

Kael Hill decided there's no better place to snowboard than in Cowtown — during Chinook season.

"I'm aware that there's lots of snow accessible if you drive an hour to the mountains or go to COP in the city," Hill said.

"Snowboarding has just gotten so cool, to the point where there's all these imaginary rules about what you have to do in order to stay relevant, or stay cool. I wanted to go out there and defy all the typical boundaries."

But Hill further points out he's made an implied statement with the footage: the effect global warming can have on snowboarders. And yes, he admits the video is also a bit of a publicity stunt.

Hill has been snowboarding for over 10 years. When he was younger he trained for traditional Olympic-geared events like the half-pipe.

Now, he's transitioned into street and rail riding. He says people call him a legend because of his videos.

For his most recent stunt, the reaction is a mixed bag.

"I've seen reactions from people saying I look like a homeless meth-head to people saying I should win snowboarder of the year for the part," Hill said.

Hill moved back to Calgary from the U.S. and is training for his next rail competition in Pennsylvania.

The video was filmed about two weeks ago and features scenes from around Calgary's downtown including Shaw Millennium Park.

Check out the video at metronews.ca. VIMEO

CAMROSE

RCMP charge four in death of woman

Four people have been charged with second-degree murder in the death last year of a young woman whose remains were found in a wooded area near Calmar, Alta.

Mackenzie Leah Harris, 22, of Camrose, Alta., was reported missing by a friend in August 2015.

An autopsy determined her death was a homicide.

RCMP say the arrests were made on Friday and Saturday.

Kyle Scott, 29, of Leduc; Dylan Bakke, 21, of Red Deer; Christopher Stein, 39, of Millet are all facing charges of second-degree murder.

Bakke is also facing a charge of committing an indignity to a dead body.

A fourth individual, who was a youth at the time, has also been charged with second-degree murder and committing an indignity to a body.

THE CANADIAN PRESS

Brad Longeway and Sabrina Wilson chat with attendees of the Calgary Residential Rental Association's annual trade show, which was held Tuesday. BRODIE THOMAS / METRO

Vacancy rates up, evictions down

SHELTER

Landlords see upside of people keeping the lights on

Brodie Thomas
Metro | Calgary

One might assume that an economic downturn would be a great time to be in the bailiff service.

But Brad Longeway, manager of Serv-it Bailiff Services, said things haven't necessarily gotten busier, although he has seen a definite change.

When the vacancy rate was low, landlords and property managers were anxious to get tenants who weren't paying the rent out.

"We had to go to court a lot more to get them removed because they had nowhere else to go," he said.

Now with the vacancy rate climbing and rents dropping, he said eviction enforcement is dropping as well.

"Now we're seeing tenants move more without having to obtain a court order, because there are more options. They aren't fighting to stay in the place because it's the only place they can find."

5.3%
Calgary's latest vacancy rate according to CMHC.

Longeway said that while there are fewer evictions they need to enforce, there are always those who can't afford anywhere else, so that part of the business is still there.

Serv-it has kept up during the recession by finding more clients. He notes, however that landlords are very aware of the fact that it's a renter's market.

He's heard about incentives such as a free month's rent, or free TVs for signing a lease.

He said for some landlords, the philosophy is that it's better to have someone in the home for a few months even if they miss the rent because at least they're keeping the heat on.

"There's a whole generation of landlords that have never encountered anything like this," said Longeway.

"We've been the envy of the country with our low vacancy rate, and now, that's gone."

Serv-It was just one of dozens of businesses at the Calgary Residential Rental Association's annual trade show held Monday.

Kuljeet Nagra of Signal 88 Security said her business has definitely seen growth in the downturn.

"It's because the crime rate is up. With the recession a lot of people are laid off and there's a lot of stealing happening at night time," she said. She said they are looking to hire more security guards..

HYUNDAI
NEW THINKING. NEW POSSIBILITIES.

SUPER LAUNCH EVENT

THE COMPETITION IS IN SUPER TROUBLE NOW

#SUPERSEARCH IS ON.
To get involved, sign up at hyundaisupersearch.com*

MISSING
Help us find our SUPERSTRUCTURE™ for the chance to win a $20,000 reward!

GREAT OFFERS ON REMAINING 2016 MODELS

Ultimate model shown♦

THE ALL-NEW 2017 ELANTRA GL AUTO
- SUPERSTRUCTURE™
- STANDARD HEATED FRONT SEATS
- HEATED LEATHER STEERING WHEEL
- BLIND SPOT DETECTION WITH REAR CROSS-TRAFFIC ALERT

LEASE FOR ONLY $117 BIWEEKLY
THAT'S LIKE PAYING $59 WEEKLY / AT 2.99% FOR 60 MONTHS WITH $0 DOWN◊

H-Factor

THE ALL-NEW 2016 TUCSON 2.0L FWD

Ultimate model shown♦

WHEN EQUIPPED WITH AVAILABLE AUTONOMOUS EMERGENCY BRAKING (AEB). For more information, visit www.iihs.org
- 5" DISPLAY AUDIO WITH REARVIEW CAMERA
- PROJECTION HEADLIGHTS WITH LED ACCENTS
- AUTOMATIC HEADLIGHTS WITH LED DAYTIME RUNNING LIGHTS
- FRONT 3-STAGE HEATED SEATS

LEASE FOR ONLY $130 BIWEEKLY
THAT'S LIKE PAYING $65 WEEKLY / AT 0.59% FOR 60 MONTHS WITH $0 DOWN◊

2016 SANTA FE SPORT

Limited model shown♦

- HEATED FRONT SEATS
- BLUETOOTH® HANDS-FREE PHONE SYSTEM
- FOG LIGHTS
- 17" ALUMINUM ALLOY WHEELS

CLEAROUT OFFERS
GET UP TO $4,000 IN CASH PRICE ADJUSTMENTS◊

visit HyundaiCanada.com

5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5 YEAR WARRANTY
5-year/100,000 km Emission Warranty
5-year/Unlimited km 24 Hour Roadside Assistance

AMVIC Alberta Motor Vehicle Industry Council

®/™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. ◄Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN$2,500.00 each, and one (1) Grand Prize of CDN$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. ◊Cash price adjustments of up to $4,000 available on all new 2016 Santa Fe Sport models. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ◊Leasing offers available O.A.C. from Hyundai Financial Services based on a new 2017 Elantra GL Auto/2016 Tucson 2.0L FWD with an annual lease rate of 2.99%/0.59%. Biweekly lease payment of $117/$130 for a 60-month walk-away lease. Down payment of $0 and first monthly payment required. Total lease obligation is $15,210/$16,900. Lease offers include Delivery and Destination charge of $1,695/$1,795. Lease offers exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.12/km. ♦Prices of models shown: 2017 Elantra Ultimate/2016 Tucson 1.6T Ultimate AWD/2016 Santa Fe Sport 2.0T Limited are $30,494/$41,394/$42,444. Prices include Delivery and Destination charges of $1,695/$1,795/$1,895. Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ◊♦◊Offers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions. Dealers are licensed under the Fair Trading Act.

GET THE FOCUS MOST SHOPPERS BUY.≠ THE ONE WITH ALL OF THIS:

- 2.0L Engine
- 160 Horsepower
- Automatic Transmission
- SYNC® Enhanced Voice Recognition^
- Rear View Camera
- 16" Aluminum Wheels
- Air Conditioning

CONSUMERS DIGEST BEST BUY

LEASE THE **2016**
FOCUS SE SEDAN OR HATCH

$98†	0.79%	60	$1,395
EVERY 2 WEEKS	APR	MONTHS	DOWN

OFFER INCLUDES $800 LEASE CASH WHEN FINANCED THROUGH FORD CREDIT AND $1,700 FREIGHT AND AIR TAX.

OR CASH PURCHASE FOR
$21,831*
OFFER INCLUDES $1,700 FREIGHT AND AIR TAX

*IT'S **EASY** TO GET INTO A **FORD***

Shop now at **findyourford.ca** or drop by your **Alberta Ford Store.**

Ford

Go Further

Official Motor Vehicle Company of the Alberta Junior Hockey League.

SiriusXM

Available in most new Ford vehicles with 6-month pre-paid subscription.

Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecked Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP).†Until March 31, 2016, lease a new 2016 Focus SE Automatic Sedan or Hatch and get as low as 0.79% lease annual percentage rate (APR) financing for up to 60 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease this vehicle with a value of $19,636 (after $1,395 down or equivalent trade-in and Ford Credit Red Carpet Lease Cash of $800 deducted, and including freight and air tax charges of $1,700) at 0.79% APR for up to 60 months with an optional buyout of $7,441, monthly payment is $213 (the sum of twelve (12) monthly payments divided by 26 periods, gives payee a bi-weekly payment of $98), and total lease obligation is $14,175. Taxes payable on full amount of lease financing price after Ford Credit Red Carpet Lease Cash deducted. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, administration fees, any environmental charges or fees, and all applicable taxes. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess kilometrage charges are 12¢ per km, plus applicable taxes. Excess kilometrage charges subject to change (except in Quebec), see your local dealer for details. ≠Based on total Focus sales in Alberta in 2015. *Until March 31, 2016, cash purchase a new 2016 Focus SE Automatic Sedan or Hatch for $21,831. Offer includes freight and air tax of $1,700 but excludes variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, administration fees, any environmental charges or fees, and all applicable taxes. ^The Best Buy Seal and other licensed materials are registered certification marks and trademarks of Consumers Digest Communications, LLC, used under license. For award information, visit ConsumersDigest.com. ^Don't drive while distracted. Even with SYNC, only use phones/other devices when safe.©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

Units for homeless in sight

RESOLVE CAMPAIGN

Stepping Stone Manor set to open doors in coming months

Brodie Thomas
Metro | Calgary

It could be the beginning of the end of homelessness in Calgary.

On Wednesday, the Resolve campaign showed off Stepping Stone Manor, the first of 11 buildings that will be built to house 3,000 of the city's homeless.

Alan Norris, chair of the Resolve Campaign, said the 30 brand-new units will provide supportive housing for clients.

He said the clients will pay rent for the rooms, but how much they pay will be based on what they can afford, because the buildings are debt-free.

"If it's debt-free, it gives you the flexibility to make sure the tenant is only paying what is appropriate," said Norris.

Diana Krecsy, president and CEO of the Calgary Homeless Foundation, said the first clients could move into Stepping Stone Manor in the next two months.

"This is their space, their place to begin to address issues — but it's their permanent home," she said.

The Calgary Homeless Foundation will be hiring an agency to manage the building and provide services to the tenants. They're not quite ready to reveal the successful candidate, but said the agency has a long history in Calgary.

The foundation also has a triage process for determining who gets the next available room in Stepping Stone Manor, or any of the future buildings.

The Resolve campaign is a collaboration of nine not-for-profit agencies that has the goal of ending homelessness in the city. There are 11 homebuilders that are volunteering with Resolve to construct the 11 buildings.

The corporate partners put 30 cents towards each dollar raised by Resolve.

Norris said through Resolve, two more buildings are already under construction, and a third is in the final planning stages.

"We've learned a lot with this building to take to the next one and make it more efficient," he said.

Officials were on hand for the unveiling of Stepping Stone Manor — a new 30-unit apartment building with supportive housing for Calgary's homeless. Pictured here is Scott Haggins, chair of Cedarglen Homes, Alan Norris, chair of Resolve, Cole Haggins, Cedarglen Homes; Ward Haggins, Cedarglen Homes and Sharon deBoer, Calgary Homeless Foundation. BRODIE THOMAS/METRO

> "If it's debt-free, it gives you the flexibility to make sure the tenant is only paying what is appropriate. Alan Norris, chair of Resolve

CAREER MOVE

Calgary Film Centre names new General Manager

The Calgary Film Centre named Erin O'Connor as general manager for the purpose-built studio and workshop facility.

O'Connor is currently the managing director of Contemporary Calgary. She is a long-time Calgarian and an arts management professional with a progressive career in the not-for-profit sector.

"The film and television sector is an area of growth for Calgary and in 2015, there was $175 million of film and television projects in Southern Alberta. The Calgary Film Centre will help grow this sector even further," said Brett Ironside, Chair of the Calgary Film Centre Limited Board. "Erin's experience and enthusiasm will help the Calgary Film Centre position itself as a leading studio and help expand Calgary's shooting season, provide training opportunities for the people who work in this sector, and grow the Alberta-based productions." METRO

LARGEST TRADITIONAL CHINESE MEDICINE CLINIC

YEARS OF EXPERIENCE
Our team of professionals blends the best aspects of TCM with western medicine to provide a holistic, balanced approach to treating patients.

ACUPUNCTURE
- Pain
- Anxiety
- Insomnia
- Depression
- Tinnitus
- Menopause
- Infertility
- PMS
- MS
- Allergies
- Cancer care
- Gout
- Rheumatoid Arthritis
- Irritable bowel syndrome
- Children's myopia

AESTHETIC ACUPUNCTURE:
- Weight loss, cellulite
- Healthy, not rebound, integrated program to reduce fat cells 10%
- Hair loss
- Acne
- Facial rejuvenation
- Height increase

THERAPEUTIC MASSAGE $59.99/1 HR FIRST TIME
CHINESE THERAPEUTIC REFLEXOLOGY $55/HR
NEW GRADUATE ACUPUNCTURIST TRIAL $40/FIRST 2 APPTS

MASSAGE
VOLCANO MUD MASSAGE
TUI NA MASSAGE THERAPY
Important technique for treating and preventing diseases.
- Tui Na massage
- Pediatric massage
- Relexology
- Deep tissue massage
- Infrared sauna
- Hot stone massage

GREEN LEAF HEALTH CENTER

GREENLEAFHEALTHCENTRE.com 1612 CENTRE ST NE 403.592.8509

SW RENTALS

CALL NOW
AND ASK ABOUT OUR RENTAL INCENTIVES
- AVAILABLE FOR A LIMITIED TIME ONLY!

Available Immediately!
1, 2 & 3 BEDROOM UNITS
COACH HILL, SW

For more information about our rental incentive and to book a convenient appointment to view.

The location of Coachman House affords ready access to downtown Calgary and to Banff and is within close proximity to public and private schools, the Westbrook Mall, the Shaganappi Golf Course and the new Coach Hill Patterson Heights Community Centre.

Features: Wood-burning fireplace, Wall-to-wall carpet and window coverings, In-suite and outdoor storage, Patio or balcony, Intercom security system, Social room, In-building coin operated laundry facilities, Energized surface parking, On-site management & maintenance staff.

CALL US TODAY 403.249.4440 OR EMAIL US AT coachmanhouse@scpl.com

www.SCPL.com SHELTER CANADIAN PROPERTIES LIMITED

Aesthetics Today

Skinpossible® LASER & LIGHT SOLUTIONS

NEED A LITTLE LIFT WITHOUT SURGERY?

ROBERTA SEGAR
Certified Laser Specialist

We all age in appearance in different ways. There are wrinklers, sinkers and saggers. Me? I'm a sagger! Some people can pull off a droopy face, but if you're not one of them, let me tell you why Ultherapy is my favourite treatment. Ultherapy is an award-winning treatment for skin tightening and the only FDA approved treatment in existence for a "lift" indication. It's in a league of its own and this article will explain why.

The goal of all skin tightening procedures is to cause controlled injury to the skin to induce collagen denaturization, and subsequent neocollagenesis. In layman's terms what this means is that the purpose is to trigger a healing response that will produce new collagen. Simplifying this as much as possible, the greater the injury, the more dramatic and long lasting the result will be.

Ultherapy uses ultrasound which allows us to see beneath the surface of the skin as we perform the treatment. This enables us to safely penetrate deeper than any other treatment within the aesthetics industry.

It's depth of penetration is also precise. In a single treatment Ultherapy can cause precise injury at three depths:

1) At 1.5 mm for superficial tightening where it is needed.

2) At 3.0 mm to injure deeply into the dermis.

3) At 4.5 mm to bypass the dermis and injure the muscle beneath known as the SMAS. The only other way to injure the SMAS in a controlled way is with a surgical facelift. Thus, while Ultherapy cannot promise facelift results, it is as close as you can get to a facelift without going under the knife.

Ultherapy is cutting-edge, but it involves no cutting at all. It is a non-invasive treatment that allows you to have the treatment during the day and go out for dinner that very night. Results develop gradually as new collagen forms over a few months after the treatment. Unlike surgery there is no risk that you will look like anyone other than yourself, only a younger version of yourself.

Whether you are male or female, for us saggers, **Ultherapy can:**

- **Tone and tighten skin on the face, neck and chest**
- **Reduce sagging on the neck**
- **Lift jowls and define the jawline**
- **Reduce hooding of the eyelids**
- **Elevate the brows**

Skinpossible is a full-service medical aesthetics clinic. If you would like to find out if you are a candidate for Ultherapy, or any of our other treatments, call and book your free consultation. Our style of consultation is relaxed and educational. We will sit down with you in the privacy of one of our consultations rooms and give you all the information you need to make an informed decision.

Evening and Saturday appointments are available. We are easy to get to and parking is free. We like to have fun at Skinpossible. We'll lift your face and your spirits!

Natural, Noticeable results without surgery!

Ultherapy®

Award winning treatment for tightening

The only FDA treatment approved for LIFTING skin

SOME CAN PULL OFF A DROOPY FACE BETTER THAN OTHERS

Book your free consultation

403.719.6523

www.skinpossible.ca

1800 - 194 Ave SE | Chaparral Valley Professional Building

Find out what's Possible!

Botox | Dermal Fillers | Acne and Scars
Ultherapy *Skin Tightening and Lifting*
Laser Skin Resurfacing *Wrinkles, scars*
CoolSculpting *Permanent Fat Reduction*
Laser Skin Tightening
SmoothLiftin *Botox and Facelift* NEW
Skin Rejuvenation *Safe for Dark Skin* NEW
Stretch Marks Reduction
Abdominal and Thigh Rejuvenation
Laser Tattoo Removal *Pleasure*
Laser Nail Fungus Removal
IntimaLase *Laser vaginal tightening*
IncontiLase *Laser urinary incontinence*
NightLase *Laser treatment for snoring*
Phototherapy *Sun Damage, Age Spots, Rosacea*
Laser Vein Removal *Face or Legs*
Laser Hair Removal *Painless and Faster*
Hydrafacial *Exfoliates, Extracts & Hydrates*

‘Ambitious agenda’

LEGISLATURE

Province promises bills on carbon tax, and economy

Premier Rachel Notley has a laugh before the delivery of the Speech from the Throne, Tuesday.
JASON FRANSON/THE CANADIAN PRESS

In the NDP’s first speech from the throne on Tuesday, the government said it would continue to spend on services and capital projects in a bid to prop up the faltering economy.

The finance minister has already projected a $10 billion deficit for the province,

“I would reject the notion that we simply cover our ears, cover our eyes, cross our fingers and sit in a corner hoping that the economy recovers,” said Notley.

To that end, the government put forward as Bill 1, a plan to expand job creation and diversification.

The government now plans to work with its $23-billion credit-union system to encourage more such investment.

A climate change plan, introduced last year, is to be given regulatory teeth with legislation that will include a new broad-based carbon tax to begin Jan. 1.

Notley said Albertans will learn in the budget the cost details of the carbon levy.

The carbon tax, which is estimated to bring in $3 billion a year, is to be on everything from gas at the pumps to home heating and electricity bills.

The government estimates 60 per cent of Albertans will receive some level of rebate.

Opposition Wildrose Leader Bran Jean says the carbon tax is a misguided plan that builds on poor decisions made last year by Notley to hike corporate taxes and some personal income taxes.

“The NDP government outlined in today’s speech that they are doubling down on their ideological approach to the economy,” said Jean.

PC Leader Ric McIver said the diversification initiatives, outlined in the government’s flagship Bill 1 legislation, are too vague.

“All it does is enable the (Economic Development) minister to do some stuff later without deciding what the stuff is,” said McIver.

THE CANADIAN PRESS

PREDATORY LENDING

Province promises crackdown on loans

Ryan Tumilty
Metro | Edmonton

With a lagging economy pushing more Albertans to depend on payday loans, the provincial government pledged to crack down on the industry in Tuesday’s speech from the throne.

Lt.-Gov. Lois Mitchell read the speech, setting out the government’s agenda for the spring and promising a new act to end predatory lending.

> **There are a lot of people on lower incomes that can get caught in a bad cycle of debt.**
> Jeff Loomis

“This has been allowed to go on for too long. Albertans need a government that will stand up for them when they are most vulnerable,” she said.

Service Alberta Minister Stephanie McLean said some lenders are charging unfair rates.

“Right now, over an annualized payback, (consumers) are paying about 600 per cent in interest. It’s absolutely unreasonable,” she said.

But McLean said the government knows payday loans are the only option for some, so they’re working with banks and community groups on other solutions.

Jeff Loomis, executive director of Momentum, a Calgary agency that offers money management classes, said many consumers of payday loans don’t understand them.

“We think it is a really critical move. There are a lot of people on lower incomes that can get caught in a bad cycle of debt,” he said.

Momentum ran a pilot program last year with a credit union to offer loans to some of its clients, which he said helped.

“We feel that by restricting the supply of unaffordable loans and working to create a supply of more affordable, short-term loans, it can make a big difference.”

‘Wrong villain’ on trial, lawyer says

MCCANN CASE

Opening statements for man accused in couple’s deaths

Travis Vader arrives at court in Edmonton on Tuesday.
AMBER BRACKEN/THE CANADIAN PRESS

The Crown believes a crystal meth user hiding from police and desperate for money killed two St. Albert seniors, but the suspect’s lawyer is questioning whether the couple is really dead.

The first-degree murder trial for Travis Vader, 44, began Tuesday with opening statements by lawyers.

Crown prosecutor Jim Stewart told a judge that DNA ties Vader to Lyle and Marie McCann’s abandoned SUV. Steward said a witness saw Vader driving the vehicle hours after the couple was last seen nearly six years ago.

Evidence will also show Vader called and sent text messages to a former girlfriend from the couple’s cellphone, said Stewart.

Vader’s lawyer, Brian Beresh, told the trial that there’s no proof beyond a reasonable doubt that the McCanns are dead because their bodies have never been found and to say what happened to them is “speculation.”

But if they were killed, he added, police were under pressure to solve the case and focused solely on his client instead of others.

“The names of those suspects will be revealed at this trial,” Beresh said.

“Authorities picked the wrong villain.”

Vader, once a well-off oilfield worker who was able to support a wife and nine children, had “squandered it all away” with his drug habit and was living in makeshift camps in the summer of 2010, said Stewart. He was also wanted on warrants and police were actively looking for him.

The McCanns, great-grandparents in their late 70s, were last seen fuelling up their motorhome and buying groceries at a Superstore in their hometown of St. Albert, a bedroom community north of Edmonton, on July 3 of that year. They were heading out to meet family in British Columbia. THE CANADIAN PRESS

The cast of The Mousetrap in 1979. Vertigo hopes to pay homage to its long history with its 40th season. COURTESY VERTIGO THEATRE

40th season starts with The Big Sleep

THEATRE

Vertigo goes to classics for anniversary

Aaron Chatha
Metro | Calgary

Vertigo Theatre is celebrating 40 years of backstabs, bloodstained letters and whodunnits with a new season calling back to the theatre's unique, and often dastardly history of shows.

Vertigo Theatre was originally founded in 1976 as Pleaides Theatre, operating out of the Calgary Science Centre. In 2003 the company refurbished a venue that once held as much intrigue as their murder-mystery style shows — a derelict old movie theatre at the base of Calgary Tower. Shortly after, they became known as the Vertigo Theatre Society.

In addition to its usual murder-mystery fare, the theatre also offers productions for younger audiences through their Y Stage theatre series.

"We say from three to 93, there's something here for you at Vertigo, because we manage to capture the curiosity of the patron," said Rose Brow, executive director.

Brow said the theatre has lasted so long because lovers of the genre have a real loyalty to the medium — they have annual subscribers and more than 1.5 million people have walked through the doors throughout its history.

The new season kicks off in September with The Big Sleep, a noir fiction about a millionaire who hires a P.I. to get rid of a blackmailer.

"It's one of those plays where you fall in love with the characters," said Brow. "We're delighted that we're bringing back Graham Percy and Stephen Hair in the prime roles."

Hair is best known in Calgary for playing Scrooge for more than 20 years in Theatre Calgary's productions of A Christmas Carol, but he also once served as Vertigo's artistic director back when it was still Pleaides. Graham Percy returns to play Phillip Marlowe, who he played in a different play in 2014.

The anniversary season will see a few well-loved artistic directors return to the company, according to Brow.

Harkening back to the classics, The Big Sleep will be followed by The Hollow by Agatha Christie in November.

However, Brow said the theatre isn't entirely focused on past works. "(Artistics director) Craig has really brought something new and exciting to the company because, more so now than ever in its history, we're actually feeding more money for play development," she said.

She hopes that just as Vertigo performs plays written 100 years ago, 100 years from now theatres will be performing plays written at Vertigo.

Full new season list at www.vertigotheatre.com

Royal Canadian Mint board director Bonnie Staples-Lyon, Lila Goodspeed, Chair of the Nellie McClung Foundation, and John Young, Canadian Museum for Human Rights CEO unveil the new $1 coin in Winnipeg Tuesday to celebrate the 100th anniversary of women's suffrage in Canada. BRAEDEN JONES/METRO

WILDLIFE

Fish causes intrigue, disgust

For a brief moment, Nova Scotia fisherman Scott Tanner thought he might have a case of cabin fever when he spotted a fish with glowing, green eyes in his trawler's net.

The 23-year-old Lunenburg man was about a month into a 40-day commercial fishing trip for cod and redfish off Newfoundland and Labrador's Grand Banks when the mysterious creature turned up, shocking even veteran fishermen on board.

A Nova Scotia Fisherman caught a fish with glowing, green eyes. THE CANADIAN PRESS

"It stood out right away with the green eyes," said Tanner, who snapped photos of the dead fish and posted them on Facebook. "Everybody was pretty amazed by it. The older guys, even, said they'd never seen one before."

With its luminous peepers, long tail, sword-like nose and fins resembling wings, the fish netted last month has caught both the intrigue and disgust of the Internet.

THE CANADIAN PRESS

IN BRIEF

Terry Fox's father dies at 80

Rolland Fox, the father of iconic marathon runner Terry Fox, has died at the age of 80.

A statement on the Terry Fox Foundation website says he died Tuesday afternoon "while listening to a little Hank Williams."

The Fox family said in January that he had been diagnosed with lung cancer. THE CANADIAN PRESS

Woman to appear on bank note

CURRENCY

Nominations declared open by feds for 2018 unveiling

When the next series of Canadian bank notes rolls off the presses in 2018, one of them will, for the first time ever, bear the portrait of a woman other than the Queen — and nominations are open now.

Prime Minister Justin Trudeau and Finance Minister Bill Morneau marked International Women's Day on Tuesday by launching the search for a new face for the currency.

"I am pleased to announce today, right here, that a Canadian woman will be featured on the very first of the next series of bills expected in 2018," Trudeau told a news conference marking the occasion.

Hazel McCallion, the firebrand political legend who served for 36 years as mayor of Mississauga, Ont., was on hand for the announcement.

"Finally, the Bank of Canada and the government has recognized it is time for a woman to be on," McCallion said. "I've been helping the organization to do it."

The bank is asking the public to nominate women deserving of the recognition, provided they meet the criteria. Submissions can be made on the bank's website between now and April 15.

The nominee must be a Canadian woman who demonstrated outstanding leadership, achievement or distinction in any field, benefiting the people of Canada, or in the service of Canada.

Anne of Green Gables is out, as no fictional characters are allowed. And nominees must have been dead for at least 25 years.

An independent advisory council of eminent academic, cultural and thought leaders will review the submissions and, after talking to experts and more consultation with the public, will provide a short list of candidates to the finance minister.

"I'd invite all Canadians, male and female, to have their say," Morneau said.

The bank note announcement came as the Royal Canadian Mint unveiled a new $1 coin commemorating the 100 years since women first gained the right to vote in Manitoba, Saskatchewan and Alberta provincial elections.

THE CANADIAN PRESS

BRITISH COLUMBIA

Lead in legislature's water five times safe limit: MLA

The water in an office in the British Columbia legislature contains more than five times the safe limit of lead, one MLA says.

Delta South MLA Vicki Huntington recently had the water in her Victoria office and neighbouring washroom tested after staff complained about a metallic taste.

To her shock, testing showed the water from her office contained 55.4 micrograms per litre of lead, which is approximately five and a half times more than the maximum allowable concentration set out in provincial and federal safety standards.

MATT KIELTYKA/METRO

Choosing the program that's right for you is a big decision. That's why SAIT Polytechnic offers information sessions – your golden opportunity to discover your program options, ask questions and sometimes, tour our campus. Our sessions are free and range in topic and timing. Details on all our sessions can be found on the events calendar at sait.ca. Here are just a few we're offering this month:

BROADCAST SYSTEMS TECHNOLOGY

Looking for a unique career that combines your resourcefulness with your technical expertise? The Broadcast Systems Technology program at SAIT Polytechnic is the perfect answer as it focuses on the technical aspects of the broadcast industry, and qualifies graduates for well-paying jobs that are in high-demand. Get trained on emerging digital systems so you can start a career you will love in the exciting world of audio and video technologies!

Join us on Wednesday, March 9 at 7:00 pm in Room E114 in the John Ware Building.
Call 403.284.8081 or Email bxst.info@sait.ca to confirm your attendance or for more information.

GEOSCIENCE INFORMATION TECHNOLOGY

Are you interested in an oil and gas career that combines geology and geophysics and computer science? If so, then the Geoscience Information Technology diploma program will provide you with the computer skills geared towards the energy sector and numerous other industries.

Join us on Wednesday, March 9 at 7:00 pm in Room MD217 in the Stan Grad Centre.
Call 403.210.5753 or Email expt.info@sait.ca to confirm your attendance or for more information.

JOURNALISM AND PHOTOJOURNALISM

Interested in a career that combines your creativity with your resourcefulness? The Journalism and photojournalism programs at SAIT are the perfect solution as they focus on communications, News writing, and photojournalism. Get trained at SAIT, and start a career that you will love.

Join us on Wednesday, March 9 at 7:00 pm in Room NH101 in the Senator Burns Building.
Call 403.284.8849 or Email ja.info@sait.ca to confirm your attendance or for more information.

LIBRARY INFORMATION TECHNOLOGY

Information management is a growing high-tech career path. The Library Information Technology program at SAIT is the perfect solution as it focuses on database searching, how to access information and helping people find information. Get trained at SAIT in a career that combines your high-level organization skills with technology.

Join us on Wednesday, March 9 at 7:00 pm in Room NH105 in the Senator Burns Building.
Call 403.284.8849 or Email lit.info@sait.ca to confirm your attendance or for more information.

SAIT POLYTECHNIC

Canada's new target

Syrian crisis sparks Liberal government into significant shift in immigration policy, with families and refugees moving to the head of the queue and skilled labour missing out

Syrian refugees are driving a shift in Canada's immigration plan for 2016 as the Liberal government seeks to admit record numbers of new permanent residents while backing away from a previous focus on skilled labour.

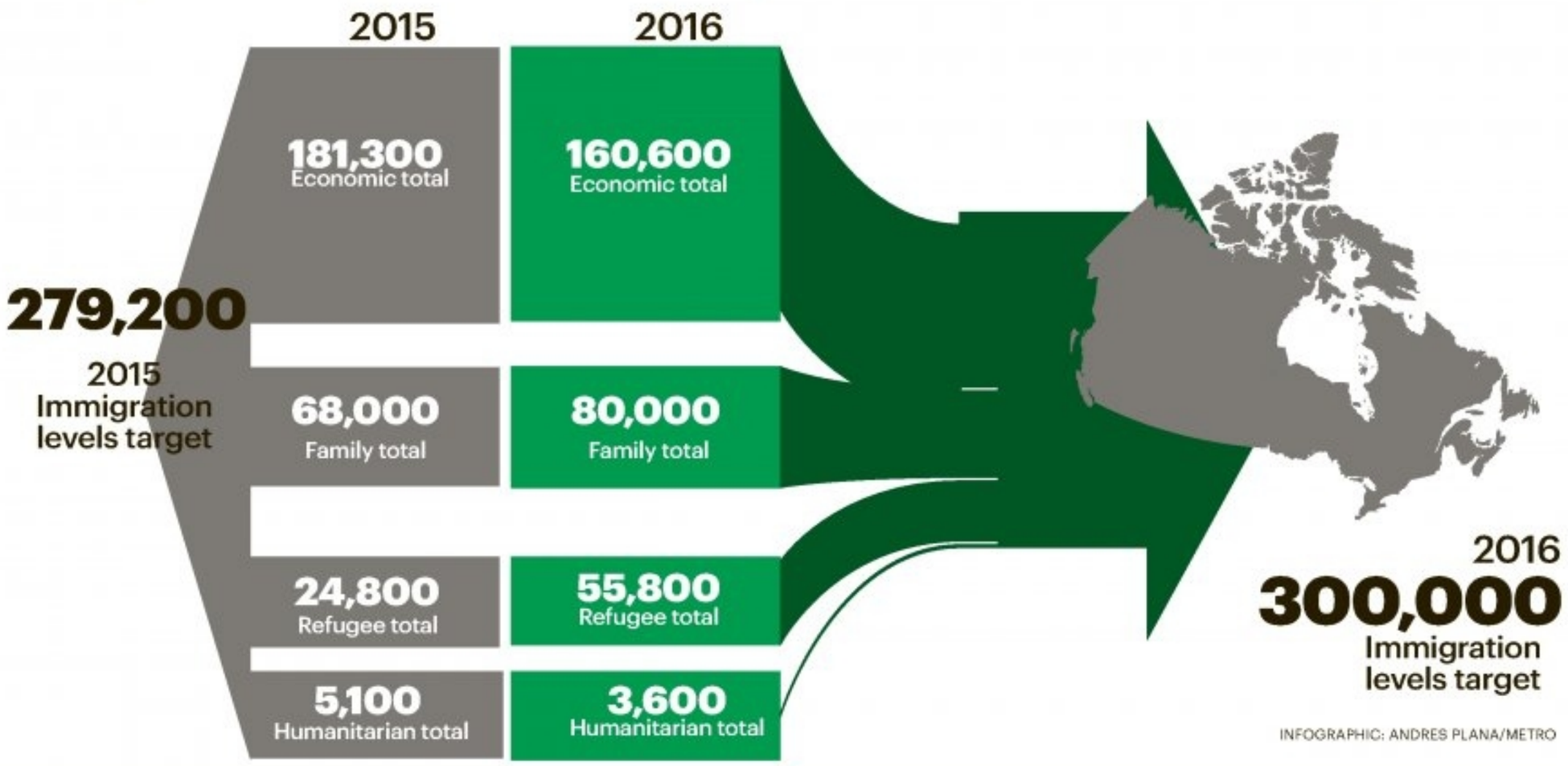
Bringing in 25,000 government-assisted Syrian refugees by the end of this year has maxed out the immigration stream, leaving the private sector to bring in vulnerable people from elsewhere in the world.

The Liberals say they will triple the number of spots for private sponsors, part of a near-doubling of the humanitarian stream of the immigration program overall.

Immigration Minister John McCallum said the plan is grounded in Canada's tradition as a welcoming country.

"It outlines a significant shift towards reuniting more families, building our economy and upholding Canada's humanitarian traditions," McCallum said.

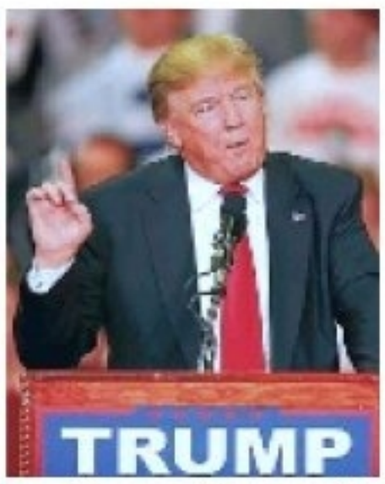
THE CANADIAN PRESS



INFOGRAPHIC: ANDRES PLANA/METRO

MAZDA'S
SHIFT INTO SPRING EVENT
mazda
NO CHARGE NAVIGATION‡ + 0% PURCHASE FINANCING▼
ON SELECT 2015/2016 MODELS
2016 MAZDA CX-3 CANADIAN UTILITY VEHICLE OF THE YEAR
AJAC www.ajac.ca
Automobile Journalists Association of Canada
GT models shown
GT model shown
2016 CX-3 GX
WEEKLY FINANCE
OFFER FROM $71† at 2.99% APR with $0 DOWN
for 84 months. Taxes extra. On finance price from $23,146.
2016 MAZDA3 G
WEEKLY FINANCE
OFFER FROM $52† at 2.49% APR with $0 DOWN
for 84 months. Taxes extra. On finance price from $17,478.
2016 CX-5 GX
WEEKLY FINANCE
OFFER FROM $74† at 2.49% APR with $0 DOWN
for 84 months. Taxes extra. On finance price from $24,741.
DRIVING MATTERS
zoom-zoom
▼0% APR Purchase Financing is available on select 2015/2016 Mazdas. Terms vary by model. Based on a representative agreement using an offered pricing of $25,015 for the new 2016 CX-5 GX (NVXK66AA00), the cost of borrowing for a 48-month term is $0, monthly payment is $521 and total finance obligation is $25,015. ‡No charge navigation offer valid on purchase, finance or lease of select new and unused 2015 and 2016 Mazda models. Program is valid only on vehicles that are sold, registered and delivered between March 1 – 31, 2016. **Note:** In the event the selected model is pre-equipped with navigation, or selected model is not equipped for navigation, customer may substitute a cash discount of $425 ($705 for 2015 CX-9). Cash discount substitute applied before taxes. Some conditions apply. See dealer for complete details. **Note:** Navigation offer not available on 2015/2016 Mazda5 models – cash discount substitute of $425 can be applied. †Based on a representative example using a finance price of $23,146/$24,741/$17,478 for the 2016 CX-3 GX (HVXK86AA00)/2016 CX-5 GX (NVXK85AA00)/2016 Mazda3 G (D4GK66AA00) at a rate of 2.99%/2.49%/2.49% APR, the cost of borrowing for an 84-month term is $2,535/$2,244/$1,586, weekly payment is $71/$74/$52, total finance obligation is $25,682/$26,986/$19,064. Taxes are extra and required at the time of purchase. All prices include block heater, $20 new tire charge, $100 a/c charge where applicable, freight & PDI of $1,695/$1,895 for Mazda3/CX-3, CX-5. As shown, price for 2016 Mazda3 GT (D4TL66AA00)/2016 CX-3 GT (HXTK86AA00)/2016 CX-5 GT (NXTL86AA00) is $27,678/$31,746/$37,538. PPSA, licence, insurance, taxes, down payment (or equivalent trade-in) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid March 1 – 31, 2016, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Democratic candidate Hillary Clinton speaks. CHARLIE NEIBERGALL/THE ASSOCIATED PRESS



Republican candidate Donald Trump in Mississippi. BRYNN ANDERSON/THE ASSOCIATED PRESS

Trump wins in Michigan

PRESIDENTIAL RACE

Clinton leads in southern state primaries

Donald Trump swept to victory in the Mississippi and Michigan presidential primaries Tuesday, deepening his grip on the Republican nominating contest. Democrat Hillary Clinton easily carried Mississippi but was locked in a close race with rival Bernie Sanders in Michigan.

The primaries offered Trump and Clinton a chance to pad their leads and start turning toward the general election. But Sanders was hoping to prevent a Clinton coronation with a strong showing in Michigan, the night's biggest prize and the first Midwestern industrial state to vote in the 2016 race.

Trump, revelling in his victories at one of his Florida resorts, spoke like a general election candidate, emphasizing the importance of helping Republican senators and House members get elected in November. But he still took on rival Ted Cruz, who is closest to Trump in the delegate count.

"He's always saying I'm the only one who can beat Donald Trump," the businessman said. "But he never beats me."

Trump entered Tuesday's contests facing a barrage of criticism from rival candidates and outside groups who fear he would deeply damage Republicans' chances of winning in November. While a handful of recent losses to Cruz have raised questions about Trump's durability, Tuesday's contests marked another lost opportunity for rivals to slow his momentum.

Republicans were also holding contests Tuesday in Hawaii and Idaho. THE ASSOCIATED PRESS

MIGRANT CRISIS

Greek border shut, stranding refugees

Despair and confusion spread through the camp at the Greek-Macedonian border Tuesday as thousands of stranded refugees were forced to acknowledge that the route through Europe that had carried their hopes and dreams was now shut.

The dozens of people crammed together at the front of the line to the border crossing looked at the closed gate and razor wire in disbelief. One young Syrian muttered he had been in the tent at the crossing for five days without sleeping. It was his 15th day at the Idomeni refugee camp.

One woman broke down, crying and screaming as she held her baby in her arms while a man tried to calm and comfort her. Refugees asked reporters what had happened in Brussels, and asked what they could or should do next.

European Union leaders who held a summit with Turkey said early Tuesday they hoped they had reached the outlines for a possible deal with Ankara to return thousands of migrants to Turkey, and said they were confident a full agreement could be reached at a summit next week.

They also said the "irregular flows of migrants along the Western Balkans route have now come to an end."

Nobody has crossed through the Idomeni border gate since early Monday morning. The nail in the coffin for the main Balkan migration route came late Tuesday evening, when Serbia's Interior Ministry said Slovenia will demand valid EU visas at its borders as of midnight Tuesday.

That means Serbia will act accordingly and close its borders with Macedonia and Bulgaria for those who do not have valid documents.

THE ASSOCIATED PRESS

A Syrian woman holds a baby, sitting in a tent at the transit centre for refugees. BORIS GRDANOSKI/THE ASSOCIATED PRESS

IN BRIEF

Escaped tiger causes uproar on Qatar motorway

Drivers in the Mideast nation of Qatar got a surprise Monday when an escaped tiger was seen prowling among cars on a major motorway. Police said they were looking into footage circulating on social media.

THE ASSOCIATED PRESS

Charitable Norwegian donates hidden cash

A Norwegian real estate broker is being praised after he found almost $40,000 hidden underneath the fireplace of his new apartment and donated all of it to a charity called Kreftforeningen.

THE ASSOCIATED PRESS

My knowledge and talents
make a difference in people's homes.

The Home Depot, the world's largest home improvement retailer, is currently hiring quick learners with a strong customer service focus to work in our stores across Canada. Many positions are available, including:

- Cashiers
- Sales Associates
- Lot Associates
- Freight Team Members
- Overnight Team Members

Join us on Wednesday, March 16, 5pm - 7pm, at the locations listed, and learn to unleash your inner orange.

HOME DEPOT CAREER FAIRS

NORTH HILL
1818 - 16TH AVE. N.W.
CALGARY, AB

MCKENZIE TOWNE
5125 126TH AVENUE S.E.
CALGARY, AB

MARLBOROUGH
343-36TH STREET N.E.
CALGARY, AB

COUNTRY HILLS
388 COUNTRY HILLS BOULEVARD
CALGARY, AB

CHINOOK
6500 MACLEOD TRAIL S.W.
CALGARY, AB

TUSCANY
5019 NOSE HILL DRIVE N.W.
CALGARY, AB

SHAWNESSY
390 SHAWVILLE BLVD. S.E.
CALGARY, AB

AIRDRIE
2925 MAIN STREET S.W.
AIRDRIE, AB

BEACON HILL
11320 SARCEE TRAIL N.W.
CALGARY, AB

OKOTOKS
10-101 SOUTHBANK BOULEVARD
OKOTOKS AB

Apply online at homedepotjobs.ca/3086

THE HOME DEPOT
2015 CANADA'S GREENEST EMPLOYERS
2016 CANADA'S BEST DIVERSITY EMPLOYERS

We are committed to diversity as an equal opportunity employer.

IN BRIEF

Danier Leather begins liquidation sales
Store closing sales start Tuesday at the remaining Danier Leather stores and outlets in Canada. The retailer entered insolvency proceedings last month as it attempted to find a buyer. The liquidators say the stores also are receiving shipments from warehouses. The store fixtures, furniture and equipment are also for sale. There are 76 Danier Leather stores and outlets across Canada. THE CANADIAN PRESS

market minute

DOLLAR
74.54¢ (–0.78¢)

TSX
13,311.05 (–72.55)

OIL
$36.50 US (–$1.40)

GOLD
$1,262.90 US (–$1.10)

NATURAL GAS: $1.712 US (+2.2¢)
DOW JONES: 16,964.10 (–109.85)

Emojis getting some respect

COMMUNICATION

High point when an emoji was picked as word of year

If emojis could express their meteoric rise into the lexicon of virtual language, it might start with a surprised face, followed by thumbs up, and a trophy. After years of ridicule in popular culture, the famous international registry of smiley faces, animals and numerous other objects is finally getting some respect.

"In many ways, communicating informally with each other on the Internet, with just words, is like trying to talk in a monotone with your hands behind your back," says Gretchen McCulloch, a Montreal-based linguist who has studied the rise of emojis and how people use them to enhance communication.

Created in the late 1990s by Japanese mobile phone carriers as a marketing hook, emojis never really landed on the radar of North Americans until Apple's iPhone and Android smartphones incorporated the cartoon characters in 2010.

Last year marked a clear zeitgeist moment. The prestigious Oxford Dictionaries chose the "face with tears of joy" emoji as word of the year, leading to an uproar in linguistic circles.

It was an undeniable sign that emojis had reached a higher level of status after years of being widely dismissed as a quirky smartphone feature used mostly by teenagers.

Celebrities and brands have hopped on the emoji bandwagon, including Kim Kardashian — who launched her own "Kimoji" app with cartoon renderings of herself — and Tim Hortons which released its own batch of "Eh-mojis".

Emojis have also posed a major challenge under the law. A New York grand jury was recently asked to decide whether the combination of an emoji police officer and an emoji gun was considered a threat to police.
THE CANADIAN PRESS

After years of being dismissed as a quirky feature, emojis have reached a higher level of status.
ISTOCK

ENERGY

Tough times for biofuels

Canada's biofuels industry is facing significant headwinds even as interest grows in ways to reduce carbon emissions.

A combination of low oil prices, the end of a biofuels incentive program, continued competition from U.S. imports, lack of infrastructure, and stricter fuel efficiency regulations are all expected to be barriers to growth in the industry.

19%
The reduction in emission that the U.S. Energy Department says corn-based ethanol achieves on average compared with gasoline.

Production could even go down, with the International Energy Agency predicting that Canada's ethanol production will plunge 38 per cent, from about 1.68 billion litres a year in 2015 to around 1.04 billion litres by 2020.

The government has confirmed that the ecoENERGY biofuels program, which paid producers an extra per-litre rate to encourage more domestic production, will expire as planned in 2017.

Despite the program, Canada has never produced enough ethanol to meet the five per cent federal blending mandate, and imports hundreds of millions of litres a year from the U.S. to help supply the 2.2 billion litres of ethanol needed.

Biodiesel is more effective at reducing emissions, but it suffers from poor economies of scale and the IEA is forecasting largely flat production in Canada of 348 million litres a year for the next five years.
THE CANADIAN PRESS

MYSTIC EYE SPIRITUAL READINGS
57 YEARS EXPERIENCE
100% GUARANTEED RESULTS
COME IN TODAY FOR A BETTER TOMORROW
Specializing in reuniting loved ones
Removes all bad luck spells & negative energy
100% guaranteed results
403.228.2258
PALM TAROT ENERGY READINGS
SPECIAL ½ PRICE READINGS
BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

COMING SOON... Kids to Crime, Early Detection of Dementia, Country Music Singer/Songwriter Maureen Murphy...
Let's Do Lunch
Join us
THE WOMEN'S CANADIAN CLUB OF CALGARY
For Tickets & Membership Info:
www.wcccalgary.com

MCKS PRANIC HEALING EXPO
Saturday, March 19 11:00AM – 4:00PM
Pranic Healing® is a simple yet powerful & effective system of no-touch energy healing used to Balance, Harmonize and Transform the body's energy and by doing so accelerates The Natural Healing Process.
NORTHLAND PROFESSIONAL CENTRE
#402, 4600 CROWCHILD TRAIL NW
for more info 403.993.5266
CPHA.ALBERTA@GMAIL.COM

Rhema Conference
KINGS' CHRISTIAN CENTRE
This is a weekend of receiving the life-changing Word of God.
Theme: Two missions - John 10:10
Mission #1: The devil has come to steal, kill and to destroy
Mission #2: Jesus has come to give abundant life
John 8:32 "you will know truth and the truth will set you free". The revealed knowledge of the Word of God will surely make you FREE!
Fri, April 22 @ 7:00pm
Sat, April 23 @ 11:00am
Sun, April 24 @ 10:00am
Scenic Acres Community Centre
8825 Scurfield Drive NW
Dr. Phil Nordin | John Pastor Boyes | Sam Acquah worship lead | Jenn McGrew worship pastor | Mannie and Chino Azenda (Host Pastors)
www.KCCCalgary.com For inquiries, please call 403.273.3600

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

Naturally, competitive

Found a better price on something we carry?
Bring the advertised price in to any of our stores and we'll match it.

Some conditions apply. Visit communitynaturalfoods.com/community-programs for details.

Events

Superfoods for Super People
Anne Miles and David Pollard
Customer Engagement, CNF

March 10
@Chinook Station Market
FREE 7pm – 8:30pm

Enlightened Elixers
Cindy Hardie
Customer Engagement, CNF

March 10
@10th Avenue Market
FREE 7pm – 8:30pm

How to Balance Your Body and Hormones While Making Friends With Your Food
Amber Romaniuk
TV Host of "Fresh Health with Amber Approved" and Holistic Nutritionist

March 17
@10th Avenue Market
FREE 7:00pm – 8:30pm

Simply Gluten Free
Cindy Hardie and Sandi Hildebrand
Customer Engagement, CNF

March 24
@10th Avenue Market
FREE 7:00pm – 8:30pm

Simply Dairy Free
Dana Macleod and Hagar Aharon
Customer Engagement, CNF

March 31
@10th Avenue Market
FREE 7:00pm – 8:30pm

Visit us at communitynaturalfoods.com to register.

It's all good.

COMMUNITY natural foods
nourishing our community since 1977

So simple, so healthy

We make healthy eating easy. Pick up frozen, nutritious, family-friendly meals like premium quality chicken nuggets or freshly prepared items in our café and grab 'n go sections.

COMMUNITY NATURALS
ASSORTED TARTS
4 inch

COMMUNITY NATURALS
EGG SALAD SANDWICH
Each

COMMUNITY NATURALS
SALMON SKIN ROLL
370g

CALIFORNIA
ORGANIC RAW ALMONDS
Bulk

$10 OFF

COMMUNITY natural foods
nourishing our community since 1977

Your next purchase of $75 or more*

customer care: 403-930-6363
communitynaturalfoods.com

10TH AVENUE MARKET AND CAFÉ
1504 - 10 Avenue SW

CHINOOK STATION MARKET
232 - 61 Avenue SW

CROWFOOT MARKET
868 Crowfoot Crescent NW

0 04000 09969 9

We want you to have the best which is why we offer the biggest selection of natural health, sustainable lifestyle, gluten free, organic and local products on our shelves. You'll find 10 times the selection compared to most conventional grocery stores.

It's all good.

Pea Pesto

Did you know frozen veggies are just as good for you, if not better than, fresh ones?

That's because they're often picked at peak season and flash-frozen, which stops them from "aging" and prevents nutrient losses.

By using frozen peas to make pesto, you'll reduce your prep time without sacrificing the nutrition.

LEMONY PEA PESTO

MAKES 2 CUPS

- 1 cup Stahlbush frozen peas, thawed
- handful of fresh mint and basil
- 1 clove minced garlic
- 2 Tbsp lemon juice
- ¼ cup grated parmesan cheese or ¼ cup pine nuts or cashews
- drizzle of olive oil
- salt & pepper

DIRECTIONS: Pulse all pesto ingredients together in a food processor. Taste and adjust seasoning and oil as needed.

Serve on thinly sliced and toasted crusty bread that has been drizzled with olive oil and rubbed with garlic. Top pesto with sprouts or a sprig of arugula, lemon zest and red chilli flakes.

Other recipes at communitynaturalfoods.com/recipes

Vitamin K2 and Vitamin D3: A winning combo

3 FOR 14.99* SAVE $6.98

NATURAL FACTORS
VITAMIN D3 AND VITAMIN K2

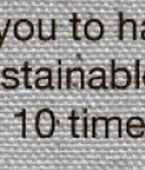
If you're looking to improve your bone development, it's important to take vitamin K2 with vitamin D3. While vitamin D3 helps you absorb calcium and phosphorus, new evidence shows that vitamin K2 directs the calcium to your skeleton where it's needed. Together, they strengthen bones and also help your muscular, nerve and immune systems work properly.

*Price includes two bottles of Vitamin D3 90 tabs and one bottle of Vitamin K2 60 tabs.

KISS MY FACE
TOOTHPASTE
127.6g

5.99 EACH

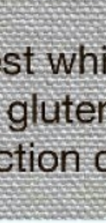
PRAIRIE NATURALS
AQUA GREENS
200g



ORGANIC

38.99 EACH

HUBNER
MILK THISTLE LIQUID
500ml



GLUTEN FREE

39.99 EACH

MEGAFOOD
BALANCED B COMPLEX
Shrink pack
Buy 60 tabs get 30 tabs free

46.69 EACH

MAGNESIUM
LIQUID IONIC
480ml

29.99 EACH

NUTRASEA
OMEGA-3
500ml

NEW FLAVOUR

39.99 EACH

LORNA VANDERHAEGHE
ESTROSMART
120vcaps

52.99 EACH

LORNA VANDERHAEGHE
ADRENASMART
90vcaps

26.99 EACH

SANTEVIA
GRAVITY WATER SYSTEM - COUNTERTOP MODEL

159.99 EACH

Experts in every aisle

Navigating the aisles of health food stores can be confusing. In order for you to make good choices and enjoy better health, we provide all of our in-store experts with over 300 hours of training each year. Meet 3 of our many experts:

10TH AVENUE MARKET
Blaise

CHINOOK STATION MARKET
Anne

CROWFOOT MARKET
Zoe

Free delivery

ON ONLINE ORDERS OVER $50

Shop now at communitynaturalfoods.com

Healthy eating made simple

The world of nutrition has become more complicated to navigate, however, it's still easy to eat healthy and not get overwhelmed.

HERE ARE SOME TIPS:

- Try to eat at home more often, so you know what's in your food.
- Eat fresh, whole food products that don't have any preservatives or additives.
- When shopping, stick with the produce, dairy and meat aisles.
- Buy food that has five ingredients or less.
- Cook meals at home from scratch and don't be afraid to experiment with new and nutritious ingredients.
- Make dinner a family affair by encouraging kids to get involved with meal planning and preparation.
- Have fun – eating healthy should never be boring.

Learn more at communitynaturalfoods.com/healthy-living

everyday is seniors day

Seniors receive 5% off purchases.

Convenience without compromise

LIFE CHOICES

Feel good about serving your family meals that are nutritious and convenient. Our products contain premium cuts of meat, simple ingredients and include grass fed beef, free range chicken and gluten free options.

25%* OFF

*ALL LIFE CHOICES PRODUCTS

EDWARD & SONS
ORGANIC MASHED POTATOES
100g

GLUTEN FREE

3.49 EACH

TRADITIONAL MEDICINALS
TEA
ASSORTED VARIETIES
30g

5.19 EACH

YOSO
PREMIUM CREAMY CULTURED COCONUT
440g

ORGANIC

4.39 EACH

SALT SPRING
COFFEE
400g

14.99 EACH

ANNIE'S
BUNNY PASTA WITH YUMMY CHEESE
170g

3.09 EACH

SIMPLY ORGANIC
ROASTED TURKEY FLAVORED GRAVY
24g

1.39 EACH

It's all good.

COMMUNITY natural foods
nourishing our community since 1977

customer care: 403-930-6363

facebook.com/CommunityNaturalFoods @mycnf

10TH AVENUE MARKET AND CAFÉ
1304 - 10 Avenue SW

CHINOOK STATION MARKET AND CAFÉ
202 - 61 Avenue SW

CROWFOOT MARKET AND CAFÉ
650 Crowfoot Crescent NW

ONLINE MARKET
communitynaturalfoods.com

PRICING VALID MARCH 9TH - MARCH 23RD, 2016 OR WHILE SUPPLIES LAST

We reserve the right to limit purchases to retail quantities. Not all items may be available at all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or levies.

metro VIEWS

Your essential daily news

Wednesday, March 9, 2016

DARN GOOD NEWS
People who swear a lot tend to be seen as more persuasive and easier to relate to.

URBAN ETIQUETTE **ELLEN VANSTONE**

THE QUESTION

I took credit for someone else's donation to my boss's charity run — but she was pressuring all of us to give. She does it every year. Was I wrong?

Dear Ellen,

Every year, when the time comes for her charity run, my manager starts dropping hints and directs us to the website with her donor page. I give lots to charity, and feel we shouldn't be asked to support her causes. Anyway, this year, she and I had a one-on-one meeting where she said, with a sigh, that she was way behind in her fundraising but that "of course, that's not your problem." There was an awkward pause, which I stupidly filled by saying I'd donate. I was mad at myself, but meant to do it — until an hour later when she sent me an email telling me how much she appreciated my donation. Apparently, as I stewed at my desk, someone else had donated anonymously. I was ticked off enough that I replied "No problem! Good luck!" Was I wrong?

Feeling Extorted, Toronto

Dear F.E.,

Strictly speaking, I cannot condone your lying about having made a donation to your boss's charity. Nor do good manners permit taking credit for another person's generosity.

But I can certainly understand your motivation.

Though it doesn't excuse your behaviour, the fact is your boss's behaviour is equally inexcusable. Her practice of "dropping hints" about her charity while directing you to her website has all the subtlety of a brickbat aimed straight at your next performance review. It's OK to ask friends, relatives and strangers for support, but it's not OK in the context of a power relationship like the one she has with you; i.e., when people don't feel free to say no.

It's okay to ask friends, relatives and strangers for support, but not in a context when people don't feel free to say no.

By the way, it's commendable that you already "give lots to charity," but it's irrelevant as to whether you should give to hers. We all have our own pet causes, and how we choose to spend our disposable income is nobody else's business.

Of course, it's not always cut and dried. Theoretically, I stick to my own chosen charities and feel justified in waving off solicitors for other organizations. But I also set aside a certain amount for causes I don't much care about, because I like or care about the people who are begging on their behalf.

(As tax season looms, note that tax credits are available for registered charities, which never hurts.)

For Feeling Extorted and other oppressed workers at the mercy of exploitative managers, however, the choices are limited.

You can smile through gritted teeth and donate, and try not to waste too much time wallowing in fuming resentment, which is very bad for your health.

You can ignore the boss's "hints" and not donate, then try not to waste too much time worrying about whether she'll hold it against you, which would be very bad for your career.

Or, if you simply refuse to brook a double-bind, you can heed the advice of Frank Underwood from House of Cards: "If you don't like how the table is set, flip over the table." In other words, sign up for your own charity run, so that you can tell your boss — truthfully — that you'd love to donate to her run, and that you sincerely hope she'll donate to yours!

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

Americans love Trudeau, and we still really, really care

Always the wooer, never the wooed. Canada, I mean, when it comes to the U.S.

All week, Canadian media, swooning over Prime Minister Justin Trudeau's rare (steak?) state dinner at the White House on Thursday, have noted what a "high honour" the evening is, how it shows that "Canada matters" and promises to be an "evening of awe."

U.S. President Barack Obama sees himself in Trudeau, we're told. Plus: The Washington Post even called Trudeau the "anti-Trump" (!) — high establishment praise and a moniker Trudeau later ironically embodied when he refused to dump on Trump in an interview.

We're loving the attention — the Vogue profile, Sunday's 60 Minutes interview, which Americans read as advertisement to emigrate here; not that they needed one after Googling en masse "how to move to Canada" on Super Tuesday. The U.S. coverage, though concerned with Trudeau's aesthetic, is far meatier than the usual Five Cool People You Didn't Know Were Canadian or This Hip Street In This Canadian City Is So Hip.

But coming from a nation that still assumes we're all lumberjacks, it's not really that flattering, is it? The Google-search story was roundly treated as a joke: Move to Canada!? Things really are bad! We're not an aspiration so much as a last-ditch escape hatch. They're not drawn to Canada — they're drawn to the absence of America.

In my experience, Americans generally view Canada as a proverbial backwoods, a wild terrain with rustic inhabitants.

Which is why Trudeau, in that 60 Minutes interview, admitted Canadians, "like to think that, you know, Americans will pay attention to us from time to time, too."

What lofty goals, Mr. Trudeau. Americans do like him for his poignantly familiar story: He is handsome and forthright and rose to power by being a good guy, a classic trope of American culture rarely seen in real life. But I doubt the interest will plunge much past his shiny surface to our reality.

To be clear: Neither Trudeau nor I are anti-American. Hell, he told the Huffington Post that the U.S. is "the greatest democracy in the world."

But I can like America and Americans (which I do, greatly), and even love some of them without assuming, much less requiring, their reverse-interest in the true-north-strong-and-free.

Besides, while the state dinner will be good for Trudeau, and even a little good for us, the important relationship is no longer with Obama, it's with his successor. And if that (shudder) is Donald Trump, we know who'll pick the fight.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout

MANAGING EDITOR CALGARY
Darren Krause

ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at
www.mymetrostore.ca

metro LIFE

Your essential daily news

The Girl With the Lower Back Tattoo: Amy Schumer announces book title, due out Aug. 16

New book is an ode to Canada's cornucopia

TREND

Recipes promote supporting local producers

Mairlyn Smith wants people to put Canada on their plates.

The professional home economist says it's long been her dream to write a cookbook that features all-Canadian ingredients and champions the farmers, fishers, producers and manufacturers who grow and provide the food we eat.

"There's only two per cent of Canadians who are farmers and the rest of us are eating all their food, so I just wanted to give them a shout-out," Smith says.

She offers 160 recipes in her new cookbook, Homegrown: Celebrating the Canadian Foods We Grow, Raise and Produce (Whitecap), which pays tribute to such local ingredients as grains, barley, lentils, quinoa, flaxseed, duck, pork, mussels, lobster, mustard seed and maple and birch syrup.

The Toronto-based Smith plans her own menus around what's available locally, including from her garden. She eats fresh fruits and vegetables in the warm months and the frozen equivalent in fall and winter. She buys local artisanal cheeses, drinks Ontario wines and Canadian beers, and reminds people that they'll also save money by eating seasonally.

Choosing a Canadian product over an import can be less expensive and supports this country's economy and producers, she says.

"I think that people understand the positiveness of choosing local, but I think we still think of local as being within a certain area around us, where I'm saying local is Canada."

Smith's latest cookbook, her seventh, is the second she's co-authored with the Ontario Home Economics Association after The Vegetarian's Complete Quinoa Cookbook.

She sent an email to professional home economists and students in the provincial association seeking quintessentially Canadian recipes.

Her main criterion: "If we don't grow it, raise it or make it here, I don't want it to be in the book."

THE CANADIAN PRESS

Homegrown offers 160 recipes that pay tribute to local Canadian ingredients. THE CANADIAN PRESS

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Frozen pizza

Frozen 'za can be a quick meal in a pinch, but choose carefully!

PICK THIS

Ristorante Thin Crust Pepperoni Pizza (¼ Pizza)

Calories 220
Fat 11g
Sodium 430 mg

SKIP THIS

Delissio Rising Crust 3 Meat Pizza (¼ pizza)

Calories 500
Fat 16 g
Sodium 1200 mg

HERE'S WHY

Equivalent almost one large bag of Lays Classic Potato Chips in sodium

Cutting back on those thick crusts and meaty toppings on your pizza makes a big difference to your heart and waistline. The additional sausage and beef toppings combined with a thick crust raise the sodium to astronomical levels — half your daily quota! You can still enjoy pepperoni in moderation, but stick to a thin crust and you'll take off half the fat and over 2.5 times the sodium. A better pick any way you slice it!

SABIS
Southern Alberta Brain Injury Society

BRAINY

NOW OFFERING GROUPS FOR CHILDREN

Ages 6-18 whose caregivers or other loved ones have an acquired brain injury.

Groups will be on Thursday, April 7th - Jun 23rd
Children 6-12 years old, 5:30 - 7PM
Adolescents 13-18 years old, 7:30 - 9PM

Our Focus will be on showing participants they are not alone in their experience, providing available resources to support on their personal journeys, encouraging recreational after-school activities & educating participants on the effects of brain injury.

for more information and to register, please contact Kasey Pearson
403.521.5212 ext. 28. *Registration DEADLINE March 31st, 2016*

Southern Alberta Brain Injury Society SABIS 102, 2116 27th Avenue, NE

NEW DUPLEX HOMES

Limited Lots Available
Introductory Pricing from the low $400's

Register Your Interest Today
587.318.4055

AUBURN BAY

JUMP IN AND FIND OUT WHAT LAKE LIVING IS ALL ABOUT

MORRISON HOMES

THE HOMEBUYER'S BEST FRIEND™

LEAP INTO SPRING WITH A CITRUSY SALAD AND BRAISED RABBIT

Brighten your meals with these dishes that will transport you into the season ahead

TORSTAR NEWS SERVICE

Mint, beet and fennel salad with chili-citrus vinaigrette

For the vinaigrette
Makes 1/2 cup dressing.

Beets and fennel are wintertime favourites when drizzled with olive oil and roasted to perfection in the oven. You can find fennel year-round, but it's at its best during colder months so consider this a farewell to fennel.

The addition of fresh mint leaves serves as a teaser to all the tasty things about to sprout from the ground while beets remind you of what's still growing beneath it.

Ingredients
- Juice of 1/2 large orange
- Zest of 1 large orange
- 2 Tbsp olive oil
- 1 tsp white wine vinegar
- 1/4 tsp dried chili flakes
- Salt and pepper, to taste

Directions
1. Whisk together all ingredients in a bowl. Serve immediately or refrigerate in an airtight container for up to a week.

For the salad
Makes 4 servings.

Ingredients
- 6-8 small beets, peeled and thinly sliced
- 1 large fennel bulb, washed and thinly sliced
- 1/2 large orange, peel removed and cut into bite-sized segments
- 1/3 cup fresh mint leaves
- 1/2 cup chili-citrus vinaigrette
- Salt and pepper, to taste
- Chili flakes, to taste

Directions
1. Toss beets, fennel, orange segments and mint in large mixing bowl. Pour in vinaigrette and toss to coat evenly. Add salt, pepper and chili flakes to taste.
2. Transfer to serving bowl. Let marinate for 10 minutes before serving.

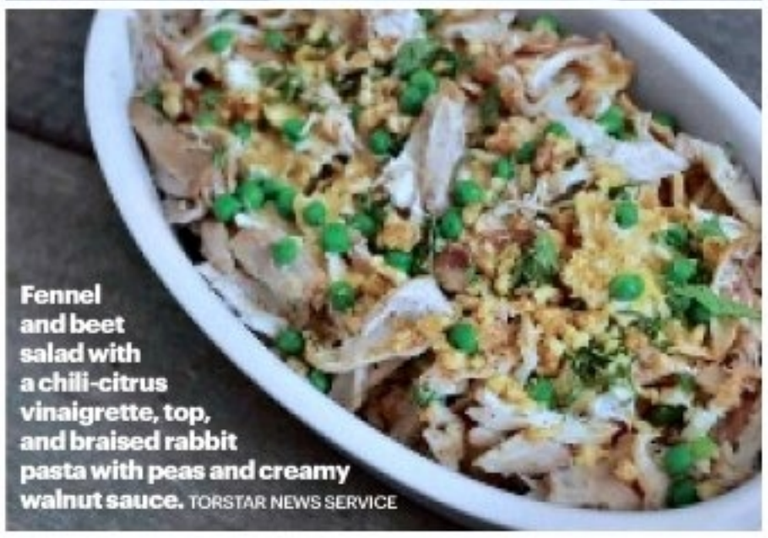
Braised rabbit with bow tie pasta, peas and creamy walnut sauce

Makes 4 servings.

It might sound morbid to cook rabbit during the month of Easter, but once you've had sweet and tender rabbit meat you'll understand why Elmer Fudd spent all those years hunting that single creature. Here, the mascot of springtime is slow-cooked, tossed in a light but creamy walnut sauce and dressed with vibrant green peas. Have the butcher take the rabbit apart for you. If you are averse to cooking wascally wabbit, substitute four whole bone-in chicken legs with the skin removed.

Ingredients
- 2 Tbsp olive oil
- 1 3-lb whole rabbit, head and ribs removed, legs and saddle separated
- 2 cups no-salt-added chicken broth
- 1 cup evaporated milk
- 1 cup crushed walnuts, plus more for garnish
- 3 minced garlic cloves
- 2 1/2 cups dried bow tie pasta
- 1 cup frozen green peas
- Salt and pepper, to taste
- Chopped mint leaves, for garnish

Directions
1. In a large pan, heat oil over medium heat. Sear rabbit until golden brown on all sides. Season with salt and pepper. Turn heat down to low. Add chicken broth. Cover and let cook on gentle simmer for 1 hour, or until meat is cooked and fork tender.
2. Remove rabbit from pan. Shred meat using two forks. Discard bones. Set meat aside.
3. Transfer remaining broth to blender. Add milk, walnuts and garlic. Blend until everything has emulsified. Set aside.
4. Bring large pot of salted water to roaring boil over medium-high heat. Cook pasta according to box instructions or until al dente. Remove pasta to bowl with slotted spoon.
5. Bring water back to a roaring boil in same pot. Add frozen peas and cook for 1 minute, or until peas are defrosted. Drain and rinse peas under cold water.
6. In a large skillet over medium heat, toss cooked pasta, peas, walnut sauce and rabbit meat together. Add salt and pepper, to taste. Transfer to serving bowl. Garnish with more crushed walnuts and mint, if using.
7. Serve immediately.



Fennel and beet salad with a chili-citrus vinaigrette, top, and braised rabbit pasta with peas and creamy walnut sauce. TORSTAR NEWS SERVICE

Try a light and lemony dessert

RECIPE

Cottage cheese cake is a riff on an Italian ricotta classic

Cottage cheese is more than just a snack; it's also a handy and nutritious ingredient. Simply spoon the cottage cheese straight from the carton and use or, for extra points, drain or blot the excess moisture from the cottage cheese and pulse in the food processor and you'll have almost exactly the texture of ricotta cheese.

A favourite ricotta indulgence is Italian ricotta cake, which is something between a classic cake and a cheesecake. Sweet and fatty, a little sliver goes a long way. Here is a cottage cheese makeover of this yummy (calorie-dense) treat. Loads of lemon zest keep it exciting, and the almond flour ensures that the fats are healthy (and offer a smidge of protein and nutrients).

Lemon Cottage Cheese Cake

Start to finish: 1 hour
Servings: 12

Ingredients

- 3 eggs, separated
- 2 tablespoons unsalted butter, room temperature
- 3/4 cup granulated sugar
- 1/2 cup low-fat cottage cheese
- 1/4 cup grated lemon zest (2 to 3 lemons)
- 1 teaspoon vanilla extract
- 1/2 cup almond flour or meal
- 1 1/4 cups whole-wheat pastry flour (or all-purpose flour)
- 1/4 teaspoon cinnamon
- 3/4 teaspoon baking powder
- 1/4 teaspoon kosher salt
- 1/4 cup low-fat milk
- Powdered sugar, to serve (optional)
- Raspberries and chopped fresh mint, to serve (optional)

Instructions

1. Heat the oven to 350 F. Coat a 9-inch round cake pan with cooking spray, then line with kitchen parchment.
2. In a medium bowl, use an electric mixer to whip the egg whites to stiff peaks. Set aside.
3. In a large bowl, use the mixer to beat together the butter and sugar for 1 minute. Add the egg yolks and mix again until creamy and pale, about 2 minutes. Add the cottage cheese, lemon zest and vanilla, then mix on medium until very well blended and the cottage cheese is broken down a little.
4. In a medium bowl, sift together the almond flour, pastry flour, cinnamon, baking powder and salt. Mix half of the dry ingredients into the butter and egg mixture and mix on low with the mixer. Add the milk and the remaining dry ingredients, then mix on low to blend. Using a rubber spatula, fold in half of the whipped egg whites rather briskly until well mixed into the batter. Fold in the second half of the egg whites very gently, until blended in, but not deflated.
5. Pour the batter into the prepared pan. Bake on the oven's middle shelf until the cake is golden and springs back under light pressure, about 35 minutes. Let cool for 15 minutes before removing from the pan, then let cool completely. Once cooled, dust the top with powdered sugar and serve with raspberries and mint, if desired. THE ASSOCIATED PRESS

This cake swaps ricotta for cottage cheese and uses almond flour, so you can tell yourself it's healthy. THE ASSOCIATED PRESS

LIQUID ASSETS

Take a sip of Sicily

Poised off the coastal tip of Italy's boot, Sicily looks like the mainland is about to give it a swift kick and wine lovers seem to share that sentiment. Though they offer great value and full-figured flavours, for some reason Sicilian wines can't seem to catch a break when compared with their landlocked Italian cousins. I consider Sicily Italy's true undiscovered region. Sicily has its own indigenous berries led by Grillo for whites and, on the red side, Nero d'Avola.

Barone Montalto's 2014 Nero d'Avola Cabernet Sauvignon ($9.45 -$11.99) blends Nero with a Sicilian grown mainstream grape. The result has all the dark, black expression of the local hero tempered by the Cab's massaging power.

Try with your favourite meaty pasta dish.

PETER ROCKWELL/ METRO

Step-by-step spicy tuna rolls

RECIPE

Throw out the takeout menu and make your own at home

The California roll may have been the first inside-out roll, but the spicy tuna roll is quickly becoming the most popular. The combination of tuna and mayonnaise is a classic in Western culture, which may help to explain the appeal of this chile-spiked version of uramaki (inside-out roll). In this recipe we demonstrate forming the roll without the use of a mat (free rolling).

When making inside-out rolls, cover your mat in plastic wrap to avoid sticking and aid cleanup.

Spicy Tuna Roll

Makes 1 roll (6 pieces)

Ingredients

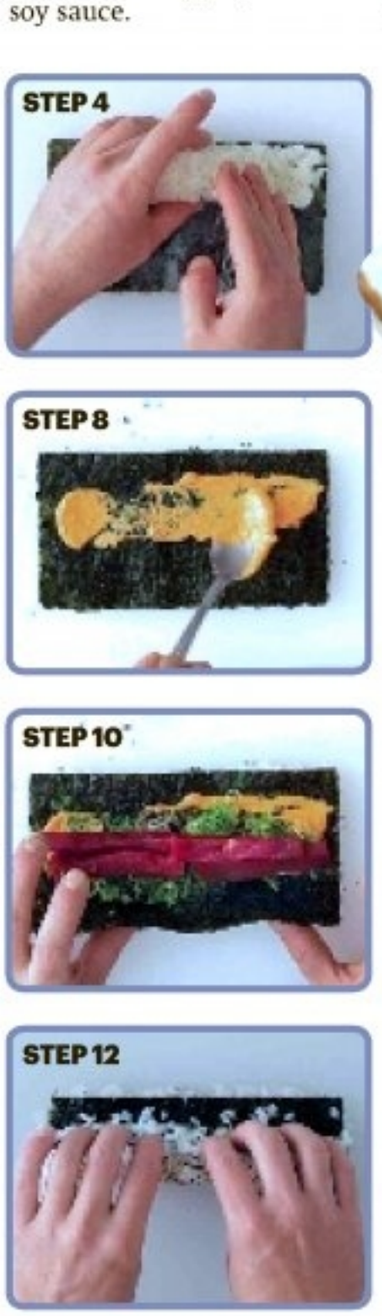
- 1/2 sheet nori (7 by 4 inches/17.5 by 10 cm) 1/2
- 1/3 cup Sushi Rice 75 ml
- Toasted sesame seeds (preferably a mix of black and white)
- 1 tsp Spicy Mayo (see recipe on right) 5 ml
- 11/2 tsp thinly sliced green onion, white 7 ml and green parts
- 2 strips tuna, cut into pieces each 2 about 3 1/4 by 1/2 by 1/2 inch (8 x 1 x 1 cm; about 2 oz/60 g)
- Pickled ginger
- Wasabi paste
- Soy sauce

Equipment

- Wet towel
- Nonstick gloves, optional
- Small bowl with ice water
- Bamboo rolling mat (makisu), covered in plastic wrap
- Yanagiba, slicing knife or chef's knife

Directions

1. Place nori on board, shiny side down, with the longer side facing you.
2. Lightly wet your hands in the ice water, shaking or clapping off any excess.
3. Leaving a 1/2-inch (1 cm) border at the top of the nori, place rice on sheet, right of center.
4. Using your fingers and pressing down and toward the right, spread rice to about 1 inch (2.5 cm) wide. Repeat Step 2.
5. Using the tips of your fingers, continue to spread rice evenly over nori so remainder of nori is covered with rice, leaving 1/2 inch (0.5 cm) visible at the bottom.
6. Sprinkle sesame seeds evenly over surface of rice.
7. Using the back of a spoon, spread spicy mayonnaise across center of nori.
8. Flip nori over, rice side down, placing the uncovered edge toward you.
9. Sprinkle mayonnaise evenly with green onion.
10. Lay sliced tuna evenly over onion. Place your thumbs under the bottom of the nori (the edge closest to you).
11. With your hands cupped over the roll, gently squeeze on either side to begin to form the roll.
12. Using your fingers to hold the fillings in place and rolling away from you, roll nori over fillings.
13. Keeping pressure on the roll, continue to roll away from you until roll is sealed.
14. Using your middle and index fingers, gently tap on each end of the roll to ensure that ingredients have not slipped out and are flush with the nori.
15. Confirm roll seam side down (this will help ensure that the roll will not burst open when handled).
16. Place mat over roll.
17. With your thumbs on the side toward you, pinkies on the far side and other fingers cupped over the top, give the roll a light squeeze, forming a squared cylinder.
18. Remove mat and slice roll.
19. Arrange cut pieces upright on a serving plate. Garnish with wasabi, ginger and a small dipping bowl of soy sauce.



If you prefer, you can chop up the fish or cut into cubes and combine it with the spicy mayonnaise. CONTRIBUTED

SUBSTITUTION
Don't like tuna? You can sub salmon, yellowtail, scallops or white fish.

RECIPE

Spicy Mayo

Makes 1 1/4 cups (300 ml)

Ingredients

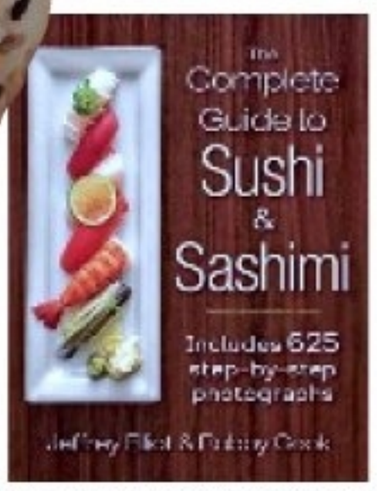
- 1 cup mayonnaise 250 ml
- 3 Tbsp chile paste 45 ml
- 1 tsp Japanese toasted sesame oil 5 ml
- 1 tsp freshly squeezed lemon juice 5 ml
- Japanese chili flakes, such as ichimi or shichimi, optional

Directions

1. In a bowl, whisk together mayonnaise, chile paste, sesame oil and lemon juice, until combined. Add chili flakes to taste (if using). Use immediately or transfer to an airtight container and refrigerate for up to 1 month.

Tips

- Any Asian hot sauce or chile paste, such as Sriracha, sambal oelek, tobanjan or kochujang, works well in this recipe.



COURTESY OF THE COMPLETE GUIDE TO SUSHI & SASHIMI BY JEFFREY ELLIOT & ROBBY COOK © 2015 WWW.ROBERTROSE.CA. REPRINTED WITH PUBLISHER PERMISSION. AVAILABLE WHERE BOOKS ARE SOLD.

Mos Def appears in court

Mos Def was first turned away from court in South Africa on Tuesday for refusing to remove a turban. He later returned wearing this loose scarf. THE ASSOCIATED PRESS

MUSIC

Rapper faces charges in S. Africa over world passport

American rapper Mos Def appeared briefly in a South African court Tuesday on charges of presenting a "world passport" when trying to fly out of the country.

The 42-year-old hip hop artist, actor and activist, whose real name is Dante Terrel Smith, was first turned away from the court because he refused to remove a turban he was wearing.

As a small group of photographers and video journalists recorded the incident, he left and returned later with a loose scarf draped over his head and shoulders, which allowed a security search.

Mos Def, who was listed on the court roll under one of his other names, Yassin Bey, was accompanied by a small group of friends into the magistrates' court in the working class suburb of Bellville in Cape Town.

He refused to speak to reporters, and waited expressionlessly among groups of glum witnesses and suspects waiting to be called for cases such as theft and assault.

Prosecutors requested a two-week postponement of the hearing and he will remain free on bail of 5,000 rand (about $300) until his next hearing on March 24. He was not required to speak.

Bey was arrested in Cape Town in January while attempting to board a flight to Ethiopia.

The Department of Home Affairs said the actor had entered South Africa with a legitimate U.S. passport in November, and had a visitor's visa valid until February. But he tried to leave using a "World Government of World Citizens" passport," which is not recognized, home affairs director general Mkuseli Apleni told reporters.

The World Government of World Citizens was established in 1953 by the late peace activist Garry Davis, an American who renounced his citizenship after World War II.

Bey faces charges including using a false identity, and "aiding and abetting his family to stay illegally in South Africa."

His family's visas expired in April 2014, and they are still subject to court proceedings.

AFP

STYLE

Zara gets ungendered

Spanish fashion retailer Zara quietly launched its first foray into gender-neutral clothing last week — to mixed reviews.

Critics say Zara's line called "Ungendered" is too basic. CONTRIBUTED

Titled "Ungendered," the line primarily consists of basics like T-shirts, tanks and jeans in neutral tones like greys and beiges. While Zara garnered some praise for pushing the boundary of fashion, many took to Twitter to talk about how normative the line actually is, bringing up the lack of typically female-coded clothing for men and vice versa. Transgender writer Tyler Ford spoke out about Zara online, tweeting if the company wanted to work on gender-neutral fashion, the retailer could simply remove the gendered signs in their stores and add more sizes.

REBECCA WILLIAMS/METRO

TV BRIEF

Peachy news for Orphan Black fans

Space says Canadian electronic music star Peaches will be featured in an episode of the hit sci-fi series' upcoming fourth season. The Toronto native will guest perform as herself. Space says the episode will air in the back half of the season, which begins April 14. THE CANADIAN PRESS

SE RENTALS

CALL NOW
AND ASK ABOUT OUR RENTAL INCENTIVES
- AVAILABLE FOR A LIMITIED TIME ONLY!

Available Immediately!

1 & 2 BEDROOM UNITS
DEER RUN, SE

For more information about our rental incentive and to book a convenient appointment to view.

Clean and quiet 1 and 2 bedroom units available immediately. Great community living conveniently located on a bus route, easy access to shopping, schools and C-Train. One block to Fish Creek Park walking trails. Large unit features fridge stove and dishwasher, fireplace, balcony/patio, window coverings and plenty of storage. Rents include heat, water and one parking space. On-site management, Rec centre, racquetball & tennis courts. Families Welcome!

CALL US TODAY 403.278.6676 OR EMAIL US AT meadowbrook@scpl.com

www.SCPL.com SHELTER CANADIAN PROPERTIES LIMITED

NE RENTALS

CALL NOW
AND ASK ABOUT OUR RENTAL INCENTIVES
- AVAILABLE FOR A LIMITIED TIME ONLY!

Available Immediately!

1 & 2 BEDROOM UNITS
TEMPLE GREEN, NE

For more information about our rental incentive and to book a convenient appointment to view.

Located on Temple Green Drive in the quiet Temple district of northeast Calgary, Temple Green is less than 10 minutes from the Calgary International Airport and within convenient driving distance of the downtown area.

Neighborhood amenities include parks and community recreation facilities. The Marlborough Mall and the Sunridge Mall are located nearby.

Features: Wall-to-wall carpet and window coverings, Ceiling fans, air conditioners in some suites, some upper floor suites feature spacious rooftop decks, In-suite washer and dryer hook-up, In-suite storage, Intercom security system, Underground heated & surface parking available, On-site management & maintenance staff

CALL US TODAY 403.280.4718 OR EMAIL US AT templegreen@scpl.com

www.SCPL.com SHELTER CANADIAN PROPERTIES LIMITED

Will Arnett draws on his struggles with sobriety to bring authenticity to Flaked role. GETTY IMAGES

Will Arnett on not faking it for Flaked

NEW SERIES

Actor draws on his own demons for latest TV role

Will Arnett says playing a character struggling with sobriety has been "cathartic."

The Arrested Development star took on a more sombre role with his latest venture, Flaked, a half-hour Netflix series that he admits turned out much darker than he initially envisioned.

Arnett drew on his own experiences with alcoholism for the streaming serial, which he sums up as "neither comedy nor drama in the sense that the world isn't like that. We are all things at all times."

"It's a very personal story," says Arnett, who co-created and co-wrote the project with Mark Chappell, and stars as Chip.

"Part of it is Chip's relationship with his sobriety, and really that's about his relationship with his true self — with who he is and is he being honest with himself?"

Heady stuff from the guy better known for playing dove-killing amateur illusionist Gob Bluth on Arrested Development or underhanded super-gay TV executive Devon Banks on 30 Rock.

That's not to say there aren't laughs, says Arnett.

When Chip is not trying to inspire fellow addicts at Alcoholics Anonymous, he's trading barbs with a neurotic best friend (played by David Sullivan) and a kooky neighbourhood pal (played by George Basil).

It's a delicate mix of tone that Arnett says was not easy to master.

> **It becomes uncomfortable and you're kind of like forced to face things that you potentially dislike about yourself**
> Will Arnett

"It's been an interesting process and it's been difficult," Arnett says of exercising more creative control for this venture, adding he plans to direct if a second season is ordered.

"All of that is like this kind of very combustible material that is packed into a bullet of comedy, if you will. Because we wanted it, on the surface, to be constantly moving and the dialogue to be kind of quick and the guys to be kind of quick-witted with each other and with other people, so that you feel like if they ever stopped moving that the whole thing will fall apart."

At the core are big questions "that we all deal with."

"I've been obsessed for a while with that idea of authenticity and initially the character of Chip was kind of like an essay on what I disliked in other people who did that — who were inauthentic with me," says the Toronto-bred comic, who has spoken of battling alcohol abuse in his 20s.

"Inevitably some of your own stuff starts making it onto the page and it becomes uncomfortable and you're kind of like forced to face things that you potentially dislike about yourself." THE CANADIAN PRESS

TELEVISION

Series debut
Flaked premieres Friday on Netflix.

JOHANNA SCHNELLER WHAT I'M WATCHING

Schooled on I Am Cait

THE SHOW: I Am Cait, Season 2, Episode 2 (E!)
THE MOMENT: The "Tranny" Debate

"Tranny" debate turns reality star Caitlyn Jenner into the foil of her own show. CONTRIBUTED

Caitlyn Jenner and half a dozen friends are travelling across the U.S. in a luxury bus. Among them are the writers Jenny Boylan and Kate Bornstein.

"I don't call myself a woman, I call myself a tranny," Kate volunteers as the miles roll by. "Transgender women have a lot of problems with that."

"I would be one of them," Jenny says. "I find that word hurtful. For me it's like saying the F-word to a gay man or the N-word to a person of colour."

I haven't seen Season 1, but as a recap points out, serious divisions exist within (and outside) the transgender community about whether the hoopla around Caitlyn has done more harm than good. So this season, the producers are doubling down on their efforts to educate America. This debate is one example.

It's fascinating to see where Caitlyn — who, as one friend points out, "spent 65 years as a Republican man," and of whom another remarks, "her inner life hasn't caught up to her outward appearance" — ends up here: as the foil of her own show.

Sure, she's one of the most recognizable transgender people in the world. But because her fame and wealth have isolated her from many of the hardships transgender people endure, she's also just one more bigoted, ignorant American who needs to be educated. On the positive side, that wipes out any notion of "us vs. them." Suddenly, everyone is "us."

That alone won't solve the varied conflicts Caitlyn kicks up. But it's an interesting start.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

NISSAN

Innovation that excites

THE FASTEST GROWING AUTOMOTIVE BRAND IN CANADA

Based on full-line brands, on 12 month, year over year rolling unit sales

NISSAN MY CHOICE sales event

CHOOSE FROM 3 GREAT OFFERS

Lease* or Finance* rates as low as **0%** APR for 24 months on select models

PLUS **No-Charge EXTENDED WARRANTY**[1]

OR **2 MONTHLY PAYMENTS ON US**[2]

OR **Up to $1,500 BONUS CASH**[3]

2016 NISSAN ROGUE® MONTHLY LEASE FROM $282 WITH $0 DOWN

THAT'S LIKE PAYING ONLY **$65**[≈] WEEKLY ON ROGUE S FWD AT **2.49%** APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE

STEP UP TO THE SV SPECIAL EDITION FOR ONLY **$8** MORE PER WEEK

2016 IIHS TOP SAFETY PICK When Equipped with Forward Emergency Braking

INCLUDES $750 MY CHOICE BONUS CASH AND $500 AUTOSHOW SEASON BONUS

SL AWD Premium model shown*

1.8 SR model shown*

THE NEW REDESIGNED 2016 NISSAN SENTRA® MONTHLY LEASE FROM $189 WITH $0 DOWN

THAT'S LIKE PAYING ONLY **$44**[≈] WEEKLY ON SENTRA S M6 AT **2.99%** APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE

2016 IIHS TOP SAFETY PICK When Equipped with Forward Emergency Braking

INCLUDES $750 MY CHOICE BONUS CASH

AVAILABLE FEATURES INCLUDE:

- SIGNATURE LED HEADLIGHTS
- FORWARD EMERGENCY BRAKING
- NAVIGATION

2016 NISSAN PATHFINDER® MONTHLY LEASE FROM $383 WITH $0 DOWN

THAT'S LIKE PAYING ONLY **$88**[≈] WEEKLY ON PATHFINDER S 4X2 AT **3.99%** APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE

AVAILABLE FEATURES INCLUDE:

- CLASS EXCLUSIVE EZ FLEX SEATING™
- CLASS EXCLUSIVE INTUITIVE 4WD™

INCLUDES $1,500 MY CHOICE BONUS CASH AND $500 AUTOSHOW SEASON BONUS

Platinum model shown*

ALREADY DRIVING A NISSAN? OUR LOYALTY PROGRAM HAS GREAT OFFERS!

ENDS MARCH 31ST · VISIT CHOOSENISSAN.CA OR YOUR LOCAL RETAILER

AMVIC Alberta Motor Vehicle Industry Council

Offers available from March 1 - 31, 2016. - Payments cannot be made on a weekly basis, for advertising purposes only. *No-charge extended warranty is valid for up to 60 months or 100,000 km (whichever occurs first) from the warranty start date and zero (0) kilometers. Some conditions/limitations apply. The No-charge extended warranty is the Nissan Added Security Plan ("ASP") and is administered by Nissan Canada Extended Services INC. ("NCESI"). In all provinces NCESI is the obligor. This offer includes the gold level of coverage. The offer is available on purchase lease or finance of a new 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano // 2015 Micra, 2016 Versa Note, 2015 Sentra, 2016 Versa Note, 2015 Rogue // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder. *Monthly payments on us is available to customers who lease or finance a new 2016 Rogue, 2015 Pathfinder through NCF and refers to the first two (2) monthly finance payments. A customer's first two monthly payments (inclusive of all taxes) will be waived, up to a maximum of $375 // $500 // $750 per month and does not include down payments over the remaining term of the contract. Customers must be approved to lease or finance through NCF. Cash purchase buyers or buyers who finance outside of Nissan Finance are also not eligible for this choice. *My Choice bonus cash $750 // $1,000 // $1,500 is applicable to 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano, 2016 Rogue // 2015 Micra, 2016 Versa Note // 2015 Sentra // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder which will be deducted from the negotiated selling price before taxes. $750 // $1,000 // $1,500 consists of $500 // $ 850 // $1,000 // $1,200 NCI contribution and $250 // $150 // $0 // $300 dealer participation. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $8,804. $500 Autoshow Season Bonus included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative monthly lease offer includes the gold level of coverage. The offer is available on purchase lease or finance of a new 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano // 2015 Micra, 2016 Versa Note, 2015 Sentra, 2016 Versa Note, 2015 Rogue // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder. *Monthly payment or security deposits. After two months, the customer will be required to make all remaining regularly scheduled payments over the remaining term of the contract. Customers must be approved to lease or finance through NCF and refers to the first two (2) monthly lease payments or first two (2) monthly finance payments. A customer's first two monthly payments (inclusive of all taxes) will be waived, up to a maximum of $375 // $500 // $750 per month and does not include down payments or buyers who finance outside of Nissan Finance are also not eligible for this choice. *My Choice bonus cash $750 // $1,000 // $1,500 is applicable to 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano, 2016 Rogue // 2015 Micra, 2016 Versa Note // 2015 Sentra // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder which will be deducted from the negotiated selling price before taxes. $750 // $1,000 // $1,500 consists of $500 // $ 850 // $1,000 // $1,200 NCI contribution and $250 // $150 // $0 // $300 dealer participation. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $8,804. $500 Autoshow Season Bonus included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative monthly lease offer includes the gold level of coverage. The offer is available on purchase lease or finance of a new 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano, 2015 Micra, 2016 Versa Note, 2015 Sentra, 2016 Versa Note, 2015 Rogue, 2015 Pathfinder, 2016 Pathfinder through NCF and refers to the first two (2) monthly lease payments or first two (2) monthly finance payments. A customer's first two monthly payments (inclusive of all taxes) will be waived, up to a maximum of $375 // $500 // $750 per month and does not include down payments over the remaining term of the contract. Customers must be approved to lease or finance through NCF. Cash purchase buyers or buyers who finance outside of Nissan Finance are also not eligible for this choice. *My Choice bonus cash $750 // $1,000 // $1,500 is applicable to 2016 Sentra // 2015 Sentra // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder which will be deducted from the negotiated selling price before taxes. $750 // $1,000 // $1,500 consists of $500 // $ 850 // $1,000 // $1,200 NCI contribution and $250 // $150 // $0 // $300 dealer participation. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $8,804. $500 Autoshow Season Bonus included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative monthly lease offer includes the gold level of coverage. The offer is available on purchase lease or finance of a new 2016 Sentra, 2016 Altima, 2016 Juke, 2016 Murano, 2015 Micra, 2016 Versa Note, 2015 Sentra, 2016 Versa Note, 2015 Rogue, 2015 Pathfinder, 2016 Pathfinder through NCF and refers to the first two (2) monthly lease payments or first two (2) monthly finance payments. A customer's first two monthly payments (inclusive of all taxes) will be waived, up to a maximum of $375 // $500 // $750 per month and does not include down payments over the remaining term of the contract. Customers must be approved to lease or finance through NCF. Cash purchase buyers or buyers who finance outside of Nissan Finance are also not eligible for this choice. *My Choice bonus cash $750 // $1,000 // $1,500 is applicable to 2016 Sentra // 2015 Sentra // 2015 Altima, 2015 Pathfinder, 2016 Pathfinder which will be deducted from the negotiated selling price before taxes. $750 // $1,000 // $1,500 consists of $500 // $ 850 // $1,000 // $1,200 NCI contribution and $250 // $150 // $0 // $300 dealer participation. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,919/$18,756/$11,395/$23,005. $750/$750/$750/$1,500 My Choice Bonus cash included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. *Representative monthly lease offer based on a new 2016 Sentra S M6 (C4L056 AA00)/2016 Pathfinder S 4 X2 (5XRG16 AA00). 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $44/$49/$29/$59 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $7,067 monthly for a 24 month term, $0 down payment required. Cost of borrowing is $0 for a total obligation of $25,619. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative finance offer based on a new 2016 Rogue SL AWD Premium (Y6OG16 BK00)/ 2016 Sentra 1.8 SR CVT (C4SG16 AA00)/2016 Pathfinder Platinum 4x4 (5XEG16 AA00) 0% lease APR for a 24 month term equals monthly payments of $371 with $0 down payment, and $0 security deposit, first monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,804. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,804. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative monthly lease offer based on a new 2016 Sentra S M6 (C4L056 AA00)/2016 Pathfinder S 4 X2 (5XRG16 AA00). 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $44/$49/$29/$59 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $7,067 monthly for a 24 month term, $0 down payment required. Cost of borrowing is $0 for a total obligation of $25,619. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative finance offer based on a new 2016 Rogue SL AWD Premium (Y6OG16 BK00)/ 2016 Sentra 1.8 SR CVT (C4SG16 AA00)/2016 Pathfinder Platinum 4x4 (5XEG16 AA00) 0% lease APR for a 24 month term equals monthly payments of $371 with $0 down payment, and $0 security deposit, first monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,804. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00) 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $282/$313/$189/$383 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $7,067 monthly for a 24 month term, $0 down payment required. Cost of borrowing is $0 for a total obligation of $25,619. $500 Autoshow Season Bonus included in advertised offer. $750 My Choice bonus cash included in advertised offer. *Representative monthly lease offer based on a new 2016 Sentra S M6 (C4L056 AA00)/2016 Pathfinder S 4 X2 (5XRG16 AA00). 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $44/$49/$29/$59 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,919/$18,756/$11,395/$23,005. $750/$750/$750/$1,500 My Choice Bonus cash included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. *Representative monthly lease offer based on a new 2016 Sentra S M6 (C4L056 AA00)/2016 Pathfinder S 4 X2 (5XRG16 AA00). 2.49%/1.99%/2.99%/3.99% lease APR for a 60/60/60/60 month term equals monthly payments of $44/$49/$29/$59 with $0/$0/$0/$0 down payment, and $0 security deposit. First monthly payment, down payment and $0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at $0.10/km. Total lease obligation is $16,919/$18,756/$11,395/$23,005. $750/$750/$750/$1,500 My Choice Bonus cash included in advertised offer. $500/$500/$500/$0 Autoshow Season Bonus included in advertised offer. *Representative monthly lease offer based on a new 2016 Rogue SL AWD Premium (Y6OG16 BK00)/ 2016 Sentra 1.8 SR CVT (C4SG16 AA00)/2016 Pathfinder Platinum 4x4 (5XEG16 AA00). ***Freight and PDE charges ($1,795/$1,600/$1,795) air-conditioning levy ($100) where applicable, applicable fees (all which may vary by region), manufacturer's rebate and dealer participation where applicable are included. License, registration, insurance and applicable taxes are extra. Offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Vehicles and accessories are for illustration purposes only. See your dealer or visit Nissan.ca/Loyalty. 2016 Rogue recognized as IIHS top safety picks when equipped with Forward Emergency Braking. For more information see www.IIHS.org. See your participating Nissan retailer for complete details. ©2016 Nissan Canada Inc. and Nissan Canada Financial Services Inc., a division of Nissan Canada Inc.

metro DRIVE

CALGARY'S #1 PRE-OWNED DEALER GROUP WWW.HOUSEOFCARSCALGARY.COM HOUSE OF CARS

Something for the whole family

REVIEW

Pilot delivers value pack of convenience, comfort

Mike Goetz
For Metro Canada

The previous Honda Pilot featured a squared-off and rugged SUV vibe, which didn't quite resonate with its intended target — large families with lots of kid chauffeuring on the schedule.

So for this all-new-for 2016 version, Honda re-positioned Pilot to be less masculine, and with more priority on family comfort and safety. While more rounded and sleeker, the Pilot is still one of the roomier mid-size crossovers, with a legitimate third row, and eight seats. If you don't need to carry more than seven, definitely go with second-row captain chairs, which keep siblings from encroaching on each other's terriotories, for better family harmony. They are also heatable and slide for fairly easy entry into the third row. Like all third rows, Pilot's is low to the ground, but wide and comfortable enough for three smaller humans.

Climb into the driver's seat, and you'll be impressed by the vast array of new features and excellent outward visibility, the latter helped by super thin front pillars, and big windows all around. Dominating the front space is Pilot's new standard touchscreen infotainment system. It looks good, sounds good, and is packed with solid technology, but I found it required too much brain activity to do most anything. It will have you soon running to the few "actual" buttons on the steering wheel, and voice command. More new tech that takes getting used to, is the "drive by wire" gear selector, which is packaged with the optional and all-new nine-speed automatic.

Combined with its silky and quiet engine, and comfortable ride, the Pilot is very soothing on the road. All the modern safety features you can think of are standard — or optional. I particularly like how often Honda's Lane Watch helps you in everyday driving. Note, however, that Blind Spot and Rear Cross monitoring are only available on the top-end model.

The Pilot is not too engaging to steer. But Honda probably figures you just want to relax when you're driving your clan to their required locations, be they a soccer field, the orthodontist, or a kingdom far, far away.

THE CHECKLIST | 2016 HONDA PILOT

THE BASICS

Type. Five-door, FWD or AWD, seven or eight-seat, midsize crossover
Engines (hp). 3.5-litre V6 (280)
Transmissions. Six-speed automatic, nine-speed automatic
Base price. $35,490 (not including $1,827 for PDI & Freight)

INTERIOR PHOTOS MIKE GOETZ/FOR METRO; ALL OTHERS HANDOUT

THE COMPETITION

Hyundai Sante Fe XL
Base price: $31,099

Toyota Highlander
Base price: $33,555

Nissan CEO promises revolution

ELECTRIC VEHICLES

China set to lead in EVs

China is forecast to become the world's biggest market for electric vehicles this year with sales estimated at 220,000-250,000 vehicles, says the official China news agency Xinhua, quoting the China Association of Automobile Manufacturers. The Association's deputy secretary general Xu Yanhua, estimated the U.S. market at 180,000 vehicles while worldwide, EV sales are expected to increase to 600,000 units in 2016.

TEXT AND IMAGES BY WHEELBASE MEDIA

FOSSIL FUELS

OPEC offers predictions

The Organization of Oil Exporting Countries (OPEC) is bullish about the future of fossil fuels, predicting that over the next quarter century, battery-powered electric vehicles will grow to represent just one per cent of all vehicles on the world's roads. More depressingly, OPEC predicts that by 2040, 94 per cent of all vehicles will still run on fossil-based fuels.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

NISSAN

IDS Concept utilizes A.I.

Nissan has clarified its vision of the future for autonomous and zero-emission electric vehicles in the form of the IDS Concept. New technologies coming from the automaker will do no less than revolutionize the relationship between car and driver and future mobility, promised Nissan president and CEO Carlos Ghosn. The IDS Concept integrates advanced vehicle control and safety technologies with artificial intelligence.

"Nissan Intelligent Driving improves a driver's ability to see, think and react," he said, "It compensates for human error, which causes more than 90 per cent of all car accidents."

Even when the driver selects Piloted Drive and turns over driving to the vehicle, the car's performance imitates the driver's own driving style and preferences, Ghosn said.

MAZDA'S
SHIFT INTO SPRING EVENT

NO CHARGE NAVIGATION‡ ON ALL NEW MAZDAS

2016 MAZDA CX-3 CANADIAN UTILITY VEHICLE OF THE YEAR

AJAC www.ajac.ca
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

mazda

zoom-zoom

‡No charge navigation offer valid on purchase, finance or lease of select new and unused 2015 and 2016 Mazda models. Program is valid only on vehicles that are sold, registered and delivered between March 1 - 31, 2016. Note: In the event the selected model is pre-equipped with navigation, or selected model is not equipped for navigation, customer may substitute a cash discount of $425 ($705 for 2015 CX-9). Cash discount substitute applied before taxes. Some conditions apply. See dealer for complete details. Note: Navigation offer not available on 2015/2016 Mazda5 models - cash discount substitute of $425 can be applied. PPSA, licence, insurance, taxes, down payment (or equivalent trade-in) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid March 1 - 31, 2016, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details.

FAST CHARGING

Network supports switch

Nissan and BMW are joining forces to offer public fast charging at 120 locations across 19 states in an effort to support Nissan Leaf and BMW i3 owners, and to promote increased adoption of electric vehicles nationwide. With the new partnership, the automakers say they are addressing the growing demand for more public fast-charging options in markets across the U.S., giving drivers the ability to easily extend the length of their electric travels. The breadth of Nissan and BMW's fast-charger expansion is widespread, with stations now available in many states.

IN BRIEF

Mazda leads the pack in U.S. with fuel efficiency

Mazda has been found by the United States Environmental Protection Agency to be the most fuel-efficient automaker in that country despite not selling a single hybrid model, battery-electric car or plug-in hybrid. Mazda fuel-efficiency gains have all been achieved through lightweight construction and refinements to its internal combustion engines, all of which are now no bigger than four cylinders. The company also has no large trucks or sport-utility vehicles.

RIMAC AUTOMOBILI

Supercar wins young inventor fame

Mate Rimac and his Concept One model. DENIS LOVROVIC / AFP

He's the name behind the world's first electric supercar, winning international plaudits for his ingenuity.

But for Croatia's 28-year-old Mate Rimac, it all started as a hobby in his garage. A keen techie since high school, Rimac was racing an old BMW when he blew the engine and decided to turn the car into an electric one starting with pieces he bought on the Internet.

A decade later, his firm Rimac Automobili is becoming a global leader in electric vehicle technology, selling Concept One supercars for 850,000 euros ($923,000) each and giving a much-needed boost to Croatia's start-up scene.

"We want to be the best in the world in what we do and we are changing the world," Rimac told AFP in his factory showroom in the small town of Sveta Nedelja, near the Croatian capital.

The confident but modest entrepreneur was named by Politico Europe in December as one of 28 people across the continent who are "shaping, shaking and stirring Europe."

But mastering the complex technology of electric sports cars and winning financing was no easy task — especially in a small country of 4.3 million people with no automotive industry.

Motor show success

The company unveiled the Concept One at the 2011 Frankfurt Motor Show, where nobody expected a small Croatian firm to showcase an electric car that could reach 100 kilometres per hour in a staggering 2.8 seconds.

Last week at the Geneva International Motor Show, Rimac introduced the production version of the car.

Many expected Rimac's success would lead him to move somewhere else, such as Silicon Valley, Germany or Italy. But instead he has kept the business in Croatia, a country slowly emerging from six years of recession.

"I want to do it here... I'm stubborn," he said. "I think it is possible, I mean we are doing very well." AFP

'HELPING THE WORLD TO GO ELECTRIC'

The supercar may be Rimac's headline product, but he says it is only a showcase for the company's technology, from infotainment systems to battery packs, which aim to reach a far wider audience — in ordinary cars, planes, ships, bicycles and wheelchairs.

"We are helping the world to go electric. Our business is to implement these technologies and help other industries to go electric," he said.

The 2016 Mercedes GLE Coupe

As a competitor to the BMW X6, the new Mercedes-Benz GLE Coupe joins the GLE wagon. With a sloped hatchback design, the GLE Coupe obviously trades cargo room for style and sportiness. It is perhaps no less capable than the GLE wagon, at least when it comes to foul-weather driving, with standard all-wheel-drive and the latest in safety technology. The GLE Coupe is, however, aimed at the performance crowd. **JEFF MELNYCHUK** WHEELBASE MEDIA

1 Engine Lineup
249-hp 3.0-litre V-6 turbo-diesel (nine-speed automatic transmission). 362-hp 3.0-litre turbocharged V-6 (nine-speed automatic transmission). 577-hp turbocharged 5.5-litre V-8 (seven-speed paddle-shift transmission).

2 Safety tech
Assisted steering automatically keeps the GLE Coupe in the middle of the lane, but will deactivate if you try driving hands-free. Brake assist warns if you're closing too rapidly on the vehicle in front and will apply the brakes, if necessary, to help prevent a collision.

3 Cargo/Backseat
Rear seat is best for two people. With the sloped roof, the GLE a bit more than half of the cargo room behind the rear seats as the GLE wagon.

4 Design
About 10 centimetres longer and eight wider than the GLE wagon.
Deeply contoured front seats are optional.
Select from Comfort, Slippery, Sport, Sport+ and Individual modes. SOURCE: MERCEDEZ-BENZ

GENDER ROLES

Trade shows look to attract more women riders

Last year, Sylvie Brisebois fulfilled her longtime dream of taking a solo motorcycle ride to California.

She also completed a less-solo ride when she led 200 other women bikers on an all-girl breast-cancer fundraising ride she organizes annually.

She started riding 10 years ago at the age of 45 and was instantly hooked.

"It's freedom; it's the place I feel the best," she said. "You're complete, you're away from all troubles, you're just happy."

Brisebois' bright pink booth may have been one of the most overtly feminine displays at Montreal's annual motorcycle trade show recently, but it was hardly the only one targeting women.

As baby boomer men — traditionally the biggest bike buyers — age and retire, the motorcycle industry is trying to entice newcomers, including women, to buy in.

In Quebec, women make up 13.8 per cent of motorcycle owners, and their ownership rates are growing slightly faster than men's.

The trade show's manager, Bianca Kennedy, says manufacturers are working to increase that number by offering products geared towards women, from different apparel to equipment design to advertising.

Many companies are also rolling out smaller bike models that are better suited to new riders and women, who Kennedy says are showing up in growing numbers.

"The interest is there, and we're really seeing women embracing the sport and coming out in groups and with friends," she said.

But although the number of women owners is increasing slightly, some say more can be done to bring them in.

Patti Derbyshire is the founder of Torch motorcycles, a Calgary-based company that builds motorcycle components adapted for women.

She says that although women make up 30 per cent of new riders, only a third of them end up getting serious.

"We hypothesize that maybe they get on bikes that are too big and too fast and not built for them," she said.

Her company hopes to increase the number of women by offering equipment built for their bodies, and by initiatives like a women's build program.

Renee Larouche, a track instructor, says the company she co-owns started offering women-only track classes last year after seeing too many women dropping out of mixed groups.

"We saw they weren't always comfortable and felt they were in competition with the men, even if that wasn't the reality," she said.

Larouche says that while men often want to go fast right away, women prefer to perfect their technique before increasing the speed. That isn't to say they aren't good riders, she is quick to say.

"Women move up quickly because they're very technical," she said.

"Often at the beginning of the day the women's groups are the slowest, but by the end the of day they're passing the men."

THE CANADIAN PRESS

PLAY Yesterday's Answers
from your daily crossword and Sudoku

1	4	8	2	3	9	5	7	6
5	9	6	4	1	7	3	2	8
3	2	7	5	8	6	4	1	9
8	5	3	7	9	1	2	6	4
6	1	4	8	5	2	7	9	3
2	7	9	3	6	4	1	8	5
7	8	5	6	2	3	9	4	1
4	3	1	9	7	8	6	5	2
9	6	2	1	4	5	8	3	7

for more fun and games go to metronews.ca/games

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better.
metronews.ca/panel

metro SPORTS

Dallas quarterback Tony Romo has undergone shoulder surgery and should be ready for off-season workouts when they start in May

Jays take pride in strength up middle

MLB

Special bond formed between Goins, Tulo, Martin, Pillar

Blue Jays shortstop Troy Tulowitzki, middle, and second baseman Ryan Goins turn a double play against the Orioles' Daniel Alvarez on Friday. FRANK GUNN/THE CANADIAN PRESS

They are not inseparable, but Blue Jays second baseman Ryan Goins is usually within whispering range of shortstop Troy Tulowitzki in the clubhouse.

The two are a league-leading double play combo since Tulowitzki arrived last July and formed a unique bond as baseball soul mates.

"Our team is full of household names ... it elevates your own game, makes you play to their standards," Goins said Tuesday, after the Jays improved to 6-1 in spring training with a 9-3 win over the Minnesota Twins.

Tulowitzki, who brings veteran leadership to the Jays, created a slogan to acknowledge the league-leading status of its middle defence of catcher, shortstop, second baseman and centre-fielder.

"Strong up the Middle" is a badge of honour among the foursome. Catcher Russell Martin, centre-fielder Kevin Pillar and Tulowitzki and Goins established themselves as the best up-the-middle defence in the American League during Toronto's charge to the post-season last season.

Now, the phrase is spoken between them like a handshake. It also reaffirms not only the status of the foursome on the diamond but the bond they share off it as friends.

> **As good as our offence had been, we never took off until our defence improved.**
> Manager John Gibbons

"Strong up the middle ... Tulo came up with that, and it was something we obviously believed in, being strong up the middle for the whole season," Goins said.

Behind that phrase is a resulting bond that sees the players share commitment, laughs, dinners, and even a trip to the barber.

On the field, the foursome owned the best combined stats for defensive runs saved by a player last season. For this coming season, many predict the foursome will be baseball's best in defensive runs above average. TORSTAR NEWS SERVICE

CANADIAN GOLF

Kane at head of new Hall of Fame class

Lorie Kane's career is far from over, but she can't help but look back to where it all began.

Kane was named one of this year's inductees to the Canadian Golf Hall of Fame on Tuesday morning along with famed amateur Warren Sye and reporter Bob Weeks, who enters in the builder category.

"This sits right beside my first win," said Kane, who won her first professional tournament in 2000 at the Michelob Light Classic outside St. Louis. "It took me a long time to get my first win and if I look at my career, if this is my 20th year, I've been truly blessed. I still see lots of future in front of me, as far as my life in golf is concerned.

"I hope it doesn't mean the circle is complete because I still want to keep going around."

Lorie Kane
GETTY IMAGES FILE

Kane, from Charlottetown, is still active on the LPGA Tour and has won eight pro tours in her career. She has also won the Bobbie Rosenfeld Award in 1997 and 2000 as the Canadian female athlete of the year and was named to the Order of Canada in 2006. THE CANADIAN PRESS

TENNIS

Sponsors shy away from Sharapova

Maria Sharapova, the world's highest-earning female athlete for many years, was abandoned Tuesday by some of her biggest sponsors after the Russian tennis star acknowledged taking a recently banned substance for a decade.

$36M
Sharapova has more than $36 million in career prize winnings.

Sportswear giant Nike, Swiss watch brand Tag Heuer and German luxury car company Porsche quickly distanced themselves from the five-time Grand Slam winner after she announced Monday that she failed a drug test for meldonium at the Australian Open in January, days after the substance was banned.

Industry veterans were surprised by how quickly these companies backed away from such a bankable performer. Sharapova earned an estimated $29.5 million last year alone, the vast majority off the court. THE ASSOCIATED PRESS

BRIER

Jacobs adds bushy beard to gun show

Brad Jacobs
JUSTIN TANG/THE CANADIAN PRESS

If the bulging biceps don't do it, the mountain man beards might do the trick.

The glowing resumés of Brad Jacobs and his Northern Ontario crew are intimidating enough. Tack on some top-flight facial hair to go with their imposing physiques and the visual battle is over before the first rock is thrown.

Fear the Beard is a buzz term at the Tim Hortons Brier, and with good reason. Jacobs is sporting a thick beard and teammates Ryan Fry and Ryan Harnden aren't far behind for the unbeaten rink.

NEXT BEST

After 10 draws, Newfoundland and Labrador's Brad Gushue was alone in second place at 5-1. He beat Kevin Koe of Alberta 4-3 on Tuesday afternoon.

"The hairline is not getting any better so I figure if I can't grow it on top, maybe I'll grow it on my face," Jacobs said Tuesday after picking up his fifth round-robin win.

"He doesn't do anything half-assed," Fry said. "When he says he's growing a beard, he's growing a frigging beard."

The fans have been showing them love this week. Moose calls rang out through the 8,200-seat venue when they completed a 6-2 win over Prince Edward Island's Adam Casey 6-2 on Tuesday morning.

The 2013 Brier champs improved to 6-0 later in the day with an 8-3 rout of Alberta's Kevin Koe. THE CANADIAN PRESS

CHAMPIONS LEAGUE

Wolfsburg reaches semis

Andre Schuerrle scored to send Wolfsburg to the quarter-finals of the Champions League for the first time on Tuesday with a 1-0 win at home over Belgian champion Gent.

Julian Draxler easily skipped past a defender and crossed for his fellow Germany international to seal Wolfsburg's 4-2 aggregate victory in the 74th minute.

Both sides were playing in the Round of 16 for the first time, and Wolfsburg is just the seventh team to have progressed at the first attempt. THE ASSOCIATED PRESS

Madrid polishes off Roma

Cristiano Ronaldo and James Rodriguez scored second-half goals to help Real Madrid defeat Roma 2-0 and advance to the Champions League quarter-finals for the sixth consecutive season on Tuesday.

Ronaldo scored his 13th goal in the competition this season by turning home a cross by substitute forward Lucas Vazquez in the 64th and Rodriguez added to the lead four minutes later with a low shot from inside the area to give Madrid a 4-0 aggregate victory. THE ASSOCIATED PRESS

Harvey loses ground on home soil

CROSS-COUNTRY SKIING

Quebecer falls to 5th in Ski Tour Canada after rough day

Alex Harvey dropped a rung in the Ski Tour Canada on Tuesday. The good news, says his coach, is there's opportunity for Canada's cross-country ski star to regain ground.

Harvey was eliminated in the quarter-final round of Tuesday's classic sprint in Canmore. The sprint was the fifth of eight races in the Ski Tour Canada, which opened last week with four races in Quebec.

Harvey dropped from fourth to fifth in the tour's overall ranking.

The 27-year-old from Saint-Ferreol-Les-Neiges, Que., did not speak to media after his race, but his body language spoke volumes. Harvey gesticulated angrily at team support staff after finishing fifth in his heat.

The Ski Tour Canada concludes Saturday at the Canmore Nordic Centre. Of the three races remaining, the 30-kilometre skiathlon Wednesday is the swing race of the circuit for the men, according to Canadian coach Justin Wadsworth.

"Tomorrow is going to be the real crux of the whole tour," Wadsworth said. "Tomorrow you could lose a minute, two minutes if you're not feeling in your top shape."

"(Alex) will lose a little time today, but in the overall picture, with three hard races left, he'll be fine. He's a rock. He'll be ready tomorrow and he'll be mad. He'll use that energy in a good way. When the pressure and the big races come, he's always ready."

Sergey Ustiugov of Russia retained the overall lead 19.5 seconds ahead of Petter Northaug Jr. of Norway, and one minute 10 seconds up on Norway's Emil Iversen.

The Norwegians' teammate Martin Johnsrud Sundby overtook Harvey, who placed 21st in the sprint and was 2:36 behind the Ustiugov.

"Very disappointed with today's result, even more so because I lost ground on the ones I am chasing," was Harvey's statement through a Cross Country Canada spokesperson.

Harvey placed second and fourth in Quebec City races last week. He arrived in Canmore less than a minute out of a podium position.

Federico Pellegrino of Italy won the men's sprint with Norwegian Eirik Brandsdal finishing second and Frenchman Maurice Manificat third.

Northaug Jr. reached the men's final, but cruised well back of the pack to save himself for Wednesday's marathon.

THE CANADIAN PRESS

WOMEN'S SIDE

No denying Norwegians

Norwegian women dominated both the day and the tour. Maiken Caspersen Falla, Astrid Uhrenholdt Jacobsen and Ingvid Flugstad Oestberg swept the podium Tuesday.

Teammates Heidi Weng and Therese Johaug remained first and second in the women's overall standings with Tuesday's medallists rounding out the top five.

Alex Harvey failed to advance past the quarter-finals of the classic sprint as part of the Ski Tour Canada on Tuesday in Canmore. JEFF MCINTOSH/THE CANADIAN PRESS

Service Directory

To advertise contact 403.444.0136

PSYCHICS

LAND FOR SALE

LANDS FOR SALE BY OFFER
ESTATE OF J.C. ANDERSON

The Estate of J. C. Anderson is opening the following lands for offers:

LANDS FOR OFFER
12 Quarters of Farm Land and One Acreage
PARCEL DESCRIPTIONS – ACRES APPROXIMATELY + or –

1. **151.48 Acres** - 5;1;22;6;NE
2. **2.60 Acres** - 0512195;2,2 (Part of 5;1;22;6;NE above)
3. **155.70 Acres** - 5;1;21;18;NE
4. **160 Acres** - 5;1;21;18;NW
5. **156 Acres** - 5;1;21;18;SE
6. **160 Acres** - 5;1;21;17;NW
7. **160 Acres** - 5;1;21;17;NE
8. **155.70 Acres** - 5;1;21;7;NE
9. **128.69 Acres** - 5;1;21;7;NW
10. **155.50 Acres** - 5;1;21;7;SE
11. **160 Acres** - 5;1;21;7;SW
12. **157.79 Acres** - 5;2;21;1;SE
13. **148.82 Acres** - 5;1;20;31;NE

Anyone interested in submitting an offer to purchase any or all of the lands described above should contact Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.

All offers shall be submitted in writing in the form provided in the offer package and delivered no later than 12:00 p.m. MST (noon) on April 18, 2016 to the following:

Lexy R. Wong, Bennett Jones LLP Calgary
4500 Bankers Hall East, 855 - 2nd Street SW, Calgary, AB, T2P 4K7
P. 403 298 3079 | E. WongL@bennettjones.com

FINANCIAL

credit700.ca

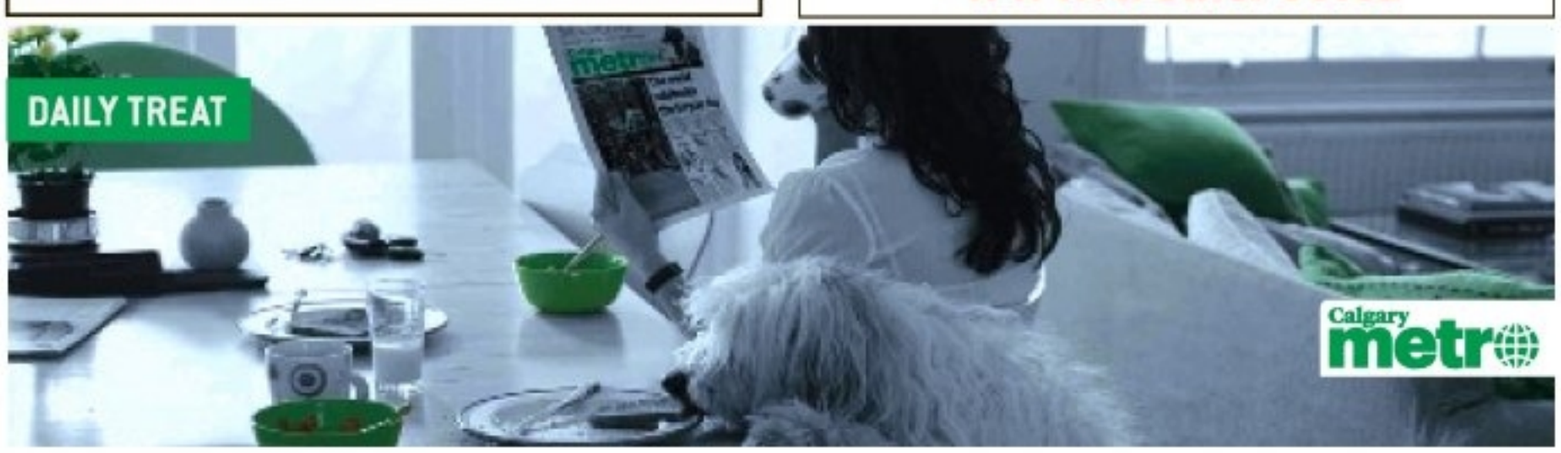
$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

Call us or apply online

1-855-527-4368
www.credit700.ca



RECIPE Fresh Tomato Spaghetti

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is one of those too-good-to-be-true recipes. It's just a few ingredients and a very small time commitment and yet you'll create a delicious, satisfying dinner.

Ready in
Prep time: 5 minutes
Total time: 15 minutes
Serves 4

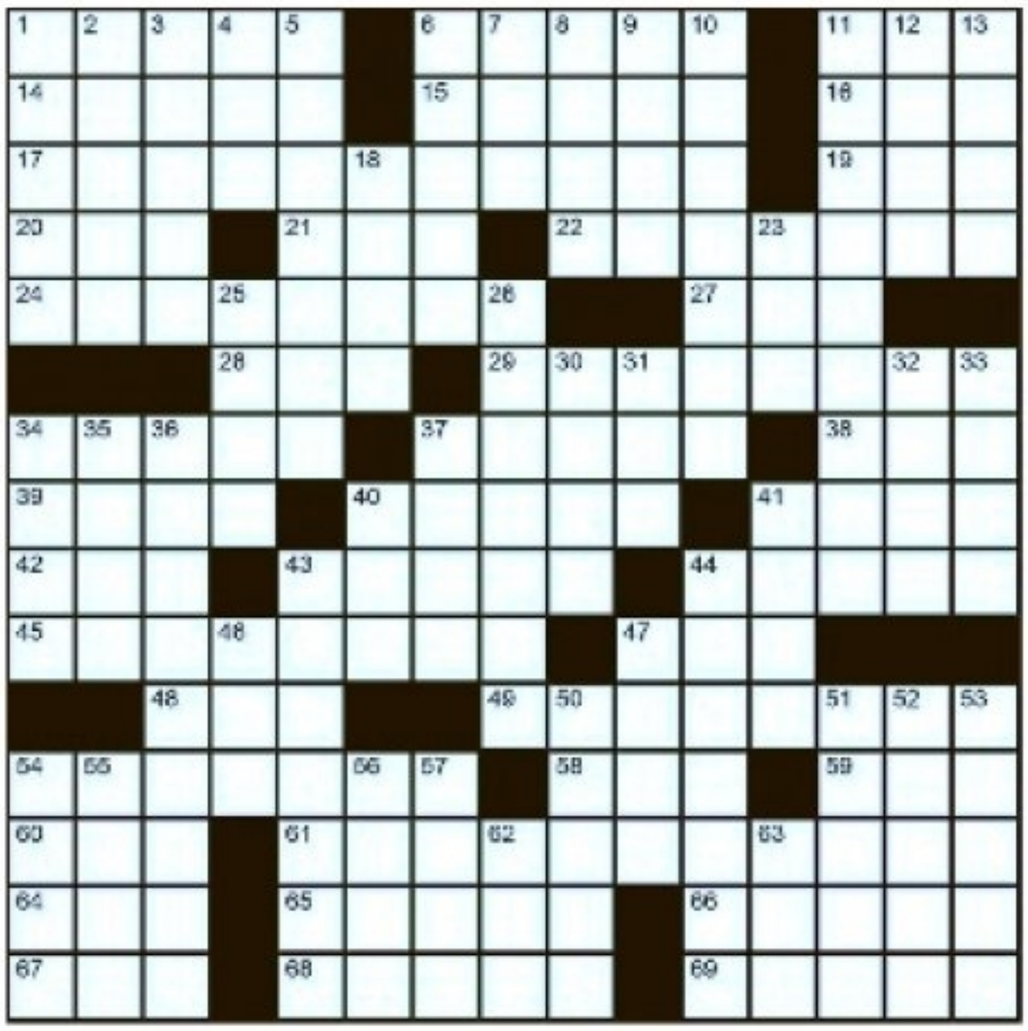
Ingredients
- 1/4 cup olive oil
- 2 cloves garlic, minced
- 500 g package of whole-wheat spaghetti
- 3 Tbsp red wine vinegar
- 2 cups fresh tomatoes, washed and chopped
- 1 head of arugula, washed and rough chopped
- Salt and pepper to taste

Directions
1. Put a big pot of well salted water on to boil.
2. In a sauté pan, bring the olive oil to low-medium heat.
3. Add minced garlic and allow to cook but not brown. You're just taking the bite out of it so it's only going to take a couple of minutes. Take the pan off the heat.
4. Cook pasta according to package instructions. Scoop out a cup of water from the pot before draining (this is a good habit to get into, btw). The starchy water is a great way to loosen up a too-thick sauce, plus it adds a certain slickness to your pastas.
5. Drain your noodles well before tossing them back in the pot. Add the garlic-infused oil and vinegar and toss well until all of the spaghetti is well coated. Now add your tomatoes and toss again. Pour in your cooking liquid, bit by bit, until your sauce is the desired consistency (you may not need much).
6. Throw in the arugula and give it another good mix so there are pieces of green throughout. Taste before adding a bit of salt and pepper.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Reprimand
6. Calm
11. Sched. time not yet figured out
14. Electroshock-er
15. "A Passage to _" (1984)
16. Ingrid Bergman's actress/model daughter ...her initials-sharers
17. Archaeologist's major discovery in Egypt: 2 wds.
19. Miracle-_ (Plant food brand)
20. U.S. health-related agcy.
21. Lamb of God, Agnus _
22. Stand for one addressing an audience
24. Draw a _ conclusion
27. Canadian hockey great's three-lettered surname
28. Barbie and _
29. Was off target
34. Items in Dracula's closet
37. Spotted cat-like mammal
38. Vegetarian variety, with Lacto-
39. Repented
40. Sacred choral piece
41. Take _ _ face value
42. Piece of food
43. Classifies
44. St. _, Newfoundland
45. Ontario: Canadian _ Heritage Museum, in Mount Hope near Hamilton ...more at #11-Down
47. Got a glimpse
48. "..._ _ quit!" (Employee's ultimatum)
49. Striking/breath-taking
54. Material for Canada's bank notes
58. Apple pie _ _ mode
59. Prefix to 'thermal'
60. "_ Got a Feeling" by The Beatles
61. French for 'potato chips'
64. Ancient war god
65. Overthrow
66. Army academy attendee
67. Nav. rank
68. Miniscule
69. "Heaven" singer Bryan

DOWN
1. Personnel
2. _-_ attitude (It's possible!)
3. Muppet-in-a-can
4. Hawaiian vacationer's gift
5. River excavators
6. '60s-style protest
7. It'll make a blast
8. Kelly Clarkson was the first in 2002
9. Green hue
10. Scientist's work outfit: 2 wds.
11. One of #45-Across' vintage aircrafts, de Havilland _ _
12. Cold temps experiencer's reaction!
13. Bit of "Danny's Song": "...think I'm gonna have _ _-"
18. Inert gas
23. Three
25. _ out a living (Survived)
26. Gave off
30. St. _ (Facial scrub brand)
31. Unit of play for Milos Raonic
32. "_ Almighty" (2007)
33. i i i toppers
34. Boast
35. Mystique
36. Resource in Alberta
37. Succotash stuff
40. New Zealand bird, once
41. Dubuque's locale
43. _-_ jeans
44. Island country where Kingston is the capital
46. Jimmy
47. Fries flavourer
50. Hoarse
51. British actress Ms. Swinton
52. "Hmmm, _ _ to remember..."
53. Tolls
54. Sandwich orderer's preference to bread
55. Metamorphoses poet
56. Celtic language
57. Casanova
62. Hallway art piece
63. Chap

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be dreading what is round the corner but there is no reason to worry — what you fear is mainly in your mind. Put your imagination to good use and do something creative that could also make you money.

Taurus April 21 - May 21
You need to be with people who share your outlook on life, especially if it seems that others are plotting against you. Ally yourself with those whose principles are in line with your own. There's safety in numbers.

Gemini May 22 - June 21
You'll get the chance to show your leadership qualities today and people will be impressed. You have everything it takes to reach the top.

Cancer June 22 - July 23
A solar eclipse in Pisces marks the start of a more productive phase but to make the most of it you have got to think clearly. For the next few days you must focus only on facts.

Leo July 24 - Aug. 23
Money matters have been concerning but what happens today will ease your fears. If you stay calm and think logically there's nothing that can harm you, at least not financially.

Virgo Aug. 24 - Sept. 23
Something you say today is likely to rub certain people the wrong way. Expect some kind of backlash. Most likely they will withdraw their assistance but that's OK, you are quite capable on your own.

Libra Sept. 24 - Oct. 23
You're having second thoughts about something that previously you were keen on. Don't make any sudden changes. Wait until Friday's Mercury-Neptune link has passed.

Scorpio Oct. 24 - Nov. 22
You rarely sell yourself short and today will be no exception. With a solar eclipse in your fellow Water sign of Pisces you honestly believe you can take on the world and win.

Sagittarius Nov. 23 - Dec. 21
Why does no one seem to be taking your advice? Because they want you to mind your own business! Take the hint and back off a bit. If your advice is as good as you think it is you'll get the chance to give it again later on.

Capricorn Dec. 22 - Jan. 20
You need to get out and about more and today's solar eclipse will provide you with endless opportunities. Don't worry if people complain that you are being irresponsible. Living well is the best revenge.

Aquarius Jan. 21 - Feb. 19
You'll discover a new source of income just as you were beginning to think you might have to sell something to make ends meet. You're not as poor as you seem to think you are.

Pisces Feb. 20 - March 20
Today's solar eclipse in your sign makes you feel good about yourself and about the future. Ignore the nagging doubt in the back of your mind that you don't deserve it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	6	8	4					
7				3	5	2		
	2	4						
1			2	6	8			4
						5	9	
		9	5	4				1
					7	3	6	

NEW DUPLEX HOMES
Limited Lots Available
Introductory Pricing from the low $400's
Register Your Interest Today • Call 587.318.4055
or Email Auburn.BayDuplex@MorrisonHomes.ca

STYLISH SINGLE AND DOUBLE GARAGE HOMES, CRAFTED BY MORRISON
AUBURN BAY
MORRISON HOMES
THE HOMEBUYER'S BEST FRIEND™

BIG4 CALGARY'S BEST

4X4 DEALS ARE ONLY AT

CALGARY'S ORIGINAL Jeep STORE Since 1976

CALGARY'S BEST 4X4 DEAL!

2016 JEEP PATRIOT HIGH ALTITUDE 4X4

16J082 LOADED WITH AUTO • HEATED LEATHER SEATS • SUNROOF • ALLOY WHEELS
FOG LAMPS • BLUETOOTH AND MUCH, MUCH MORE!

WAS $31,929! NOW ONLY

$23,998

OR PAY $136 BIWEEKLY

WE ARE SOUTHERN ALBERTA'S #1 JEEP DEALER!

GET 0% FOR 84 MONTHS ON CHEROKEES!

2016 JEEP CHEROKEE SPORT 4X4

16J154 • HEATED SEATS/STEERING WHEEL • REMOTE START • BACKUP CAM •
AUTOMATIC AND MUCH MORE!

11 IN-STOCK NOW!

$29,990

OR PAY $169 BIWEEKLY

LOVE your RIDE

0% FOR 72 MONTHS ON SELECT CARAVANS!

2016 GRAND CARAVAN SXT

16T223 • NAV • REAR DVD • PWR. SLIDING DOORS/LIFTGATE
LEATHER • REMOTE START • BACKUP CAM AND MORE!

REG. $44,380

$32,990

OR PAY $182 BIWEEKLY

CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

7330 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

DealerRater

(403) 451-6193 www.BIG4MOTORS.com

AMVIC LICENSED. ALL OFFERS OAC. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. BIWEEKLY PAYMENTS BASED ON 96 MONTH TERM @ 3.49% (PATRIOT), 2..99% (CHEROKEE/CARAVAN) WITH $0 DOWNPAYMENT. COB=$4,163.97 (16J082). ALL REBATES TO DEALER. VEHICLES MAY NOT BE EXACTLY AS SHOWN. INVENTORY ACCURATE AT TIME OF PUBLICATION. LIMITED TIME OFFERS. SEE DEALER FOR DETAILS.

WOOD AUTOMOTIVE GROUP